

Hello...

My name is Paul Bauer and I want to thank you for taking your time to read through this “Sneak Preview” of our upcoming “Secrets of Manifesting” Course.



What you’re about to learn will help you decide two things:

- 1) **Specifically how** this course can help you
- 2) **How it’s unique and different** than anything you’ve ever tried to help you:
 - A) clear the unconscious blocks stop you
 - B) help you create the kind of life you know **down deep** that you deserve

My intent is to help you **understand** and **eliminate** the fears, doubts and uncertainties that stop you from being **who you truly are** so you can live your life with passion, purpose and lasting abundance.

This Sneak Preview of the “Secrets of Manifesting” Learning system will answer many of the questions that students of our courses have asked us over the past several years.

We’ve perfected this course over 10 years with feedback from thousands of students in over 50 countries. And one thing is **key** to point out – **this course is about you** – not about dozens of new “principles” or new “techniques”.

There’s a Hawaiian word called “Pono” and it means *the measure of truth* – or that which is “pure”. All I really care about is **what is “Pono” for YOU** – not “how much” or “how fast” you can “get” things. Because what’s Pono is based on your Soul – not your ego.

And that my friend is what matters most...

This course is not for everyone, **but if you’re committed** to your own personal development, you will meet with results that will astound you...

That’s my personal promise to you...

All the very best,

Paul Bauer

www.dreamsalive.com

The “Secrets of Manifesting”

Sneak Preview

By Paul Bauer

www.DreamsAlive.com

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Paul Bauer:

My name is Paul Bauer, welcome to the “Secrets of Manifesting, Sneak Preview” call. I welcome all of you tonight. In Hawaiian, the way we say welcome is “E komo mai”. *E komo mai*. Welcome from my heart to all of you.

On tonight's call what we're going to talk about is, what is this thing called the “Secrets of Manifesting” course?, this learning system that has evolved itself over quite a long time, in my life. It's the embodiment, if you will, of many of the great teachings and mentors and studies that I have worked with over the many years, 15 - 20 years of research.

How can you take advantage of all that learning, so you don't have to go through all that stuff?. Yes, you will have to go through a certain amount of it in your own life, but I mean you can shorten up that path, **dramatically**, when you use the right tools, the right intent and the right surroundings, that being your environment, the people in your life, etc.

So, why did I put this course together? It has a lot to do with, of course, my own personal journey. I wanted to have a simplified version of, not just manifesting, or what I call “Mana”-festing, “Mana” is a word in Hawaiian that means Spirit. Not just “manifest”, because honestly, you've all manifested things in your life. *It's not a question of manifesting, **it's a question of stepping back from what you think you want** and letting go to a **greater** source of consciousness, for something that is really part of your life purpose and **who you are** in the greatest sense. Not your own ego sense, where you think you need more money, enough to pay the bills, enough to get by, or maybe just that slightly bigger dream or bigger goal of, “Well, yeah, I'd like to have a little bit more.”*

You end up getting that little bit more and I'm sure many of you have discovered this, that once you get that more things really haven't changed that much. Have you noticed that?

With the hundreds and hundreds of students that we've had, throughout these courses that we teach, whether it be through e-courses like this or through our live seminars or the personal sessions that I give and they're very infrequent that I do them, by the way, the personal sessions, because I don't take a lot of time doing sessions, it's not the number one thing that I do.

We can work with far more people and it really takes a lot less time, to do it in this format and we can focus that energy even more, because you learn the basics and move through stuff, folks, that took me years to understand.

I'm going to talk about what those parts are, specifically as we go through the call tonight. These are absolutely powerful basics that work for all people, not some and I'll tell you why as we go.

Some people say, "No, there's no technique that works for everybody." That's a belief. I don't mean ego based techniques, what I mean are the ones **based on you**, that are effective for you and another Hawaiian word is "*Pono*", p - o - n - o. Pono means the measure of truth for you, if it's not *Pono* it's not truth for you.

But when we help you find your truth, what really makes you tick and what makes you feel good, in other words, high vibrational feelings, you all heard about things like that. But not for the sake of creating them, in other words, not to try and pull a fast one on the field, or our creator, but for the sheer of joy of doing it **because you love doing it**. *Not because you're attached to an outcome.*

As we step through each of the weeks of the course, and I'll be telling you specifically what you can expect from the course, you'll get an understanding of how it's unique from anything else you've tried, you can sort, right while we're on the phone tonight, say, "Okay, how is that different?" "Hmm, well, yeah, I've tried something like that before." And if you have, if you've tried other courses before and you find either, a) they haven't worked or b) they only worked some of the time, I'm going to give you the reasons, the specific reasons why they haven't worked.

It's not the courses themselves, **it's the way that we approach those courses**. It's the way that we actually **process the information** due to our **limiting beliefs** and our **unconscious filters**. When you learn, or should we say like Yoda once said, to **un-learn**, what those filters are holding in place, you will be astounded in ways that will knock your socks off, folks.

Remember the movie Contact, with Jodi Foster? Those of you who have seen it, there's a part in the movie, where Jodi Foster's moving through a "worm hole", in other words, through trans-dimensional time, a continuum of space and she reaches a point where she can look out through the panel of what was otherwise a steel plate, she can see through it. She sees the nature of the cosmos. She has a tear in her eye and she says these words, "I had no idea."

"I had no idea"

When you see her experience that emotion *you feel that within yourself*.

My quest is to help you understand and feel **that feeling**, once again, because you have felt that feeling before in your life. Those are moments of bliss and awe. I don't mean once in a while, I mean regularly, not **because** you **have** to feel or because you are **attached** to feel it, but because you step back from your

ego's need to have anything and you join again into the One-ness consciousness.

In other words, your creator, your source, whatever you call God in your life, but **it's never been outside of you**, it's never been separate from you, despite any of the teachings that you had as a young child. Like, I was born a Roman Catholic and we had lots of stuff thrown at us when we were kids. I always knew something wasn't quite right, because I would see someone talking, up on the altar, telling us the way they thought it was, but *they never asked us*.

If you remember, if any of you have children, you know how smart kids really are, because **they're closest to source**. Before the age of seven they're incredibly imaginative, all of you have a memory of what it's like to be that free, that imaginative, that open and that connected to source.

It's in this instant, right now, if you can just remember what it's like to be back in that place. It's not sometime a long, long time ago, unless you keep it back there.

In the course, what I help teach you and what Susan Castle, when she comes on and teaches what's called the "Mind Heart Technique" is we help you remember, in ways that become easy for you, **to access those states** and then to create inspired thought, inspired action, so it's easy to get into action, so to speak, but not to rely upon on just action, that you know that through the power of your imaginal skills, that you can bring about creation, not because you're attached to it, not because you think you drive everything, but because you know that you're the nature, the messenger of source, so to speak. Now, I'll describe that a little more as we go tonight.

The reason that I put this course together, is to make it:

- 1) easy to make people to understand, what I call the "Mana"-festing process and
- 2) to help them get out of their own way, in other words to step out of the ego, to step out of what we **think** we want, to step out of our old engrained habits of pain and suffering and identity issues. Step back long enough to understand that the patterns that have been "driving the bus", so to speak, **really aren't us**, unless we choose to identify with them.

What I mean to **identify** is, for some reason it gives you some kind of positive feedback. Either you get love because you're in a down state by someone in your life, in other words, you get attention when you're down. That might be a positive intention of one of those parts of you. But you don't need those negative states anymore in order to **feel** love. In order to feel accepted - in order to feel recognized.

Why? Because those parts are only doing that for a reason and they're trying to get **your** attention - not someone else's. **But we haven't been trained in the language of the subconscious.** The language of the subconscious is primarily feelings (and of course images and emotions). But feelings are the essential language of the unconscious and your higher self.

By higher self, what I mean is, your connection with the infinite, with God, creator, consciousness.

So, let's talk a little bit about what I'm willing to do for you, not just in tonight's call, but in this course. My commitment to you is to **be there for you throughout the whole course.** When it starts, which is the very beginning of September, I'm literally "on call", not just during our teleconference calls, but also on Fridays when we do what are called "Q & A" calls.

They are live coaching sessions where people get to call in and say, "Okay, I'm stuck on this." Or, "I almost got it and I'm still a little stuck." Literally I turn everything else off when this course is taught. I'm not doing anything else. I'm not out of town, I'm not teaching another Sedona seminar, etc. Okay. It's just me and you guys. You're my team, so to speak, that we are continuously refining this process of, not just manifesting, but a state of being, a state of **being in the present moment.**

When you discover again, I should say, **re-discover** what it feels like to be in the present moment, you will smile to yourself in ways that you maybe haven't smiled in years. Because when you're truly present, it doesn't matter what stuff is "hitting the fan", in your life, **because that stuff isn't you.**

So, it takes all the spiritual teachings that you've been reading about or listening to or maybe even attending seminars and you've heard about these things, like the power of intention or the law of attraction or the power of now, or all these things that you might have studied, or even if you haven't studied those, we put together, essentially, this stuff that would take you **years and years** to condense the knowledge and the wisdom. It's not just knowledge.

The wisdom is the *understood version*, the knowledge is the book talk, so that you could understand this stuff and apply it, at will, and I don't mean ego will, what I mean is that you devote your sense of self, higher self, in the moment and create something that adds value to the planet, to people, of course, then to yourself. But naturally it creates it for yourself, because you are in motion. You're doing your life's purpose.

Some people are wondering, you know, can I find my life's purpose by going through this course? I don't specifically talk of just that or any specific life purpose exercises, but what it helps you do is uncover the false you and

integrate the parts that have felt false or disconnected, in such a way then that you get into *flow states* that many people, that have been through this course and if you've seen some of the testimonials, over the next week or so, what I'm going to be doing is showing you some of those people's stories. You'll be able to understand how they did it. They started from right where you are, right now, and actually, in some cases, less skilled. In other words, not as many books that you have on your shelf, not as many courses, as many of you have taken.

My commitment to you is, **to be there thorough out the process for you**, I don't give up on anybody.

For the people and they're very few that do quit on this course, what I do with them is, I send a message back to them that says, "Call me right now, on the phone, I'll help you through this right now." There's a couple special announcements that we have on this call tonight, that will help you with that, one of which is a part of the course. One is an option and when you see what it is I think you'll be pleasantly surprised.

But, you know, if we can get through this feeling of separateness and every person we talk to, whether it be in our live seminars or whether it be on our E-courses or whether it be on our personal sessions that myself and Susan do, we find out that one of the things that stands out is that people feel separate in more ways than one. They feel separate from the outcome of what they're trying to create. They feel separate from source, they feel separate from their loved ones, they feel separate from their own feelings, many people can't feel their feelings, because something traumatic happened at a young age and it just got embedded and more embedded and it's like layers of paint on an old desk. Layers of venire that keep covering up our real authentic self and it's no fun when you try to access that, because all it feels like is paint.

When you learn the parts of this course, the Present Moment Process™ (PMP), the Limiting Belief Discovery Process™, for example and you become present with those feelings, **they no longer create pain**. That is such an awesome experience, that at first when you experience it, it's so new and unfamiliar that you actually say to yourself, "Wait a minute, it can't be that simple." And that's okay. The more you practice it you begin to realize that it is that simple and the **only healing that we can ever do is in the moment**.

Just like right now, as you hear my voice, **this is the only moment that we have - in this precious moment**.

I'll slow down, for just a moment, that's a lot of information. So, just take a nice deep breath...

b r e a t h e . . .

you don't have to close your eyes - just get a sense of where you are right now, as you listen to my voice. If you have some water there, take a little sip of water, I'm going to do the same, I'm stepping back from my mind, and reconnecting with my high self, just the intent of that **creates that intention** and we teach you that through out the course, by the way. Again, you can never feel separate if you have that sense of connection, if you have that **intent to be** connected.

But there's this thing called "unconscious intent" and we're going to talk about that, as we go through tonight, about why we end up being dis-connected, about why we end up not being able to manifest the things that we want in our lives.

So, let's do a little exercise. First thing, close your eyes just for a moment. Think of three of your biggest challenges or things in your life...

and usually they're not too hard to find. Just take a nice big breath as you're thinking of them.

Now, pick one that really bothers you the most.

The one that saps your energy the most. The one that discourages you the most and take a deep breath into that feeling, underneath that problem, that challenge.

What I'm encouraging you to do right now is to become present with that. I'm going to ask you a question,

Can you imagine yourself being free of that problem, right now, in this moment?

Can you imagine being completely free of that problem?

If the answer is no, just take a deep breath and that's okay. We'll talk about why, in just a few moments - if you can't.

If you can't feel that feeling or you can't imagine what it's like to be free of that, this course will absolutely amaze you in what it can help you do on a day-to-day basis, literally, from the moment you wake up in the morning.

I wanted to take you through that mini exercise, to help you understand that what you just did, if you felt, somewhat free of that feeling, is you created that **with your intent**. We're going to be mentioning that throughout the call tonight, **the power of our intent, not** intention, *intention is the watered-down version of intent*.

Intent really means the energy of your spirit, so you're evoking the energy of your spirit when you have the intent of, "Hmm, can I imagine what this is like. What my life would be like to be really free of this feeling, of that problem." "Can I imagine what it's like to have the thing that I want, not just the material thing, **but to have the feeling**, to wake up in the morning, actually living my life like this."

Ask yourself that right now. "Can I imagine waking up each morning, feeling free?"

Feeling like things are okay in my life."

Just take a deep breath into that ... and ask yourself, "How often do I think this way? How often do I think that, 'Yeah, life is pretty awesome.' I live on a bountiful planet, with nothing but abundance, there's no such thing as scarcity, it's an illusion, how often do I really allow myself to step into this feeling of, that everything is **already** in my life?" Many of us **never** think that. Some of us think that once in a while and there's very, very few that think that on a regular basis. The reason is because of **unconscious conditioning**.

There's an old quote by William Blake and it says,

"We've been lead to believe a lie when we see with and not through these eyes."

"We've been lead to believe a lie when we see with and not **through** these eyes." When you see with these eyes, you're looking through the conditioned lens, in other words, the filters of your past. Of conditioning of your family system, of society, of media, of government, etcetera, especially in today's world with the stuff that's going on that you hear about and read about on a fairly regular basis. Where it be the economy, whether it be the Middle East, whether it be your jobs, whether it be, you know, things with the Federal Reserve Bank, etc, were friends, doesn't matter what it is.

Most of the time we look through a "filtered lens" of perception and that's what Blake is talking about in that quote, when we see "with" and not through these eyes.

When you see through these eyes, you are actually looking through spirit, where there are no limitations. Nothing is impossible, when you invoke **Thy will**, when you invoke spirit, when you invoke your higher self, nothing is impossible.

We are just about to get into what the course is all about and the week by week review of it, but before I do that, I'm going to mention a story of a gentlemen who came through our course and I was asking a question one day, I asked him that question, that we talked about before, I asked him, "Can you imagine what it would be like to be **completely free** of that issue? (this big challenge)"

You can tell he was stunned and he said, *"I'm sorry, could you say that again?"* You could tell that it was so different than what he had been thinking, that he had to think it through again and he still didn't get it. He said, *"Just say those words again, I'm going to write it down this time."* I said, "Can you imagine what your life would be like, being completely free of that problem?" It still didn't digest, and he said, "I just wrote that down and you know what, no... I, I can't."

We're about the talk about the reasons why. Why these things are so difficult to either, a) get rid of or b) set into the things that you do want.

So, this gentleman, his name is Tony, has his own challenge, just like any of us has. You know, there's some things that you've been so attached to, almost addicted to in a way, not consciously, that's not said in the normal sense, like being addicted to drugs, but it's a strange word to bring up when someone is talking about their problems and you mention to them that they're addicted to them. If you saw What the bleep, you know the context of what I'm talking about. The movie called, "What the bleep do we know".

If you consistently keep going through something in your life and it's painful, you know you're addicted to it, it's what one of the directors of the movie said. That's a really strange thing to imagine. Why would I keep abusing myself? Unfortunately it's not really who you are, it's a part of you and until you are taught or trained in some way to **make peace** with those parts and **re-integrate** them, they will continue to work their thing, that's the unconscious works, it just keeps doing what it does.

How the "Secrets of Manifesting" Course Can Help You

Now, let's talk about how the course is put together and how you can take advantage of it to maximize your productivity, I don't mean just in your job, I mean literally throughout your whole day. How you can maximize your relationships with yourself, with your loved ones, with friends, with new friends and of course your peace of mind, which is **the** utmost important thing. When you have peace of mind everything else is clearer in your life.

The Unquestioned Assumption

When I begin teaching people, literally from the first day of the course is this thing called the Unquestioned Assumption. It's something that I learned from an author by the name of Lynn Twist. Lynn call's it the Unquestioned Assumption for this reason, when you think about what you don't have in your life or the problems that you do have, seldom do you ask, **"Is that really true?"** Seldom do we ask, "Is that really a real thing going on, or is it my perceptions that say it's real."

I'll give you an example or two. Let's say someone says, "There's not enough money." Well, is that really true, or are they saying in that instant that there's not enough coming in, in that instant, and they don't have the **ability to sense** that this place, where all the money comes from, is this incredible infinite place. All the money that has ever flowed into your life comes from a place **that all the rest of it** is going to come from and **all the rest of everyone else's** is going to come from and that has no limit to it whatsoever. It's an incredible abundant supply, it's infinite.

Sounds kind of strange if you hear it some ways more than others. The "Unquestioned Assumption", in our economy, in our schools, in our upbringing, in our families, in society, is there's not enough. Not enough love, not enough money, not enough time. We have this culture of "not enough".

If you're outside of the United States, listening to my voice, many of the countries that you're in still have that, unless your in a spiritual practice that's so deep that you've already mastered that, in which case you probably don't need to be on this call, you could have shared it with a friend or someone.

The people on this call are having the challenge that I had many years ago and that was I *thought* there wasn't enough. My upbringing certainly had that, my dad had a poverty consciousness, he was born in the depression in the United States, his dad killed himself because of that poverty consciousness.

But the good news, folks, is, it doesn't have to continue on anywhere past this moment or past this generation. **You can stop it.** You can **integrate it** back into the whole, that part is separate from you, the part that's thinking that there is scarcity. **It's just an illusion**, it's literally been hypnotically *induced* into you via a trance. In other words it's been conditioned day after day, year after year.

The initial ones, though, happened when you were very young, **prior to the age seven.** So, the end question assumption is really a false assumption, it's the false premise.

"The Origin Thought"

What I build on then, is this thing called the "Origin Thought". You're going to get a document next week, possibly at the end of this week, I'm just finishing it, called **The Origin Thought™**.

It describes what this thing really is. Here's my way of explaining what the "Origin Thought" is. What's the first thought you think, before you even get out of

bed in the morning, when you first opened your eyes? Think about that, for just a minute. What's that **first thought** you think?

Is it one of peace? Is it one of, "Wow, what incredible wonders are going to pass across my stage today? How can I add great value to the world today?" Is it thoughts like that? Or is it thoughts like, "I got to get going." "There's not enough." Which is an old thought based on yesterday. In other words the past **infects** the now.

Is it something that you say, "I've got to really, really...whew, have we got work to do today, because yesterday, oh boy, it didn't go well at all."

If you're like most of us, the first thought in the morning is something **based on yesterdays conditioning**, yesterday's thought, **yesterday's pain**. Unfortunately that's the way the subconscious works. It will take all of the thoughts that you've been assembling and thinking and feeling on a daily basis and keep it in the container and there it is, ready to open up again, the moment you "open up the refrigerator". Out comes the stuff. It's your choice, though, what do open up.

It's difficult for most people because they're in this state of hypnosis, well that's the way it is, that's the way it's always going to be, **but that's not the way it has to be**. Because when you **become present** you activate the witness in you, the observer consciousness, your higher self.

As we go through the course we talk about that, **we teach you how to do it**, in the moment. So when you first wake up in the morning you start feeling thoughts of peace and you feel the palpable difference and wait until you hear from your fellow students. Because we're going to share, through forums, through postings, on my site, through mastermind groups, through Q & A calls. When you hear your buddies starting to grow through points that you got stuck and you can help them through points where they're getting stuck, you will be growing at rates that you, maybe, haven't even imagined and stepping out of your own self absorption. I don't say that by judgment, by the way.

Stepping out of your own need to get what you think you need and stepping out to help and serve others. "**How can I serve?**" If that was one of our basic questions, when we woke up in the morning, "How can I serve humanity today?"

Think of how different things would be, on our planet, right now. "How can I serve?" Instead of "How can I get?"

If you were someone really, really aggressive and really went after cash and was constantly never ending, improving and all that sort of stuff, with a male "Yang" energy, you probably wouldn't have been attracted to this call because I don't attract that kind of energy. If you're thinking about that right now, if you are in that mode then you have two choices, either a) there's a part of you that really, really guided you in this direction - that you want to slow down and put the brakes

on, in terms of the aggressive ego energy or b) it's just not the right course for you.

Because, as we go through this kind of process, it's very sacred, by the way, there's no rush to get things done, no rush to motivate you to do anything, because **you have tons of motivation** folks, every single one of you. Yes, I really mean that. *You don't need more motivation.*

As an old sage of mine, back when I first got going, back in the 1980's, you looked across at me, kind of like an old Socrates figure, and he said to me, Paul, you don't need more motivation all you need is a *little bit of sense of direction*. I was a wild man back in those days. I'm an Aries male and if you put those two things together you can imagine, like, "Ahhhh!" Crazy, almost like ADD kind of energy, not quite, but as a kid, probably, that's what they would have called me and then they would have tried giving me Ritalin, which I would have said, "No, you're not going to give me that stuff."

You don't need that folks, none of you. If you're on antidepressants, if you're on medications of any kind, you might want to question why you need to take those, and I'm not giving you a prescription by the way, so please don't misinterpret my words, but **question** when someone says you have to do something, including me. This is not my will. Okay? This is the collective wisdom of time that I keep testing with people. If it don't work I let it go and I discard it. *I let it go*. It doesn't matter to me if a technique doesn't work for someone, if a method doesn't work.

What I care about is you, at the Spirit level. **How do you feel?**

Those of you who have been through the course before, you've heard that...you've heard me say that dozens of times, the key question to ask yourself, on a daily basis is, "How do I feel?"

As we review this "Origin Thought" thing, the origin thought is how you get up in the morning, what's the thought you think? It's the thought beneath your normal thoughts that most of us are not aware of. Most of the times it's based on something like, "there's not enough".

Not by trying to reprogram it, or change it in any way, but **you will be able to shift that thought** very easily to one of peace and one of oneness, where you feel connected to people. Where you feel connected to your heart and your higher self. When you feel connected like that folks you have energy, you have focus, you have that clarity that we all are looking for. **It comes in a moment when you decide to let go of the past**, because it doesn't define you, you don't need to identify with it any more.

"The Polarized Mind"

Now, what's the biggest challenge that people have? **What's the single greatest reason why we get stuck?** If you read through my email, that brought you on this call, it's one of the first bullet points I talked about. I call it the *Polarized Mind*. That is the mind that believes in separateness, it believes in what's called duality.

I'll give you a couple of examples. Duality is things like

rich and poor, light and dark, love and fear, peace and war, having and not having, me and you.

In other words all those things are based on a premise of separateness. When you learn how to transcend those and understand that each one of those has its own lesson and its own energy, **you can honor both**, you don't have to be **attached** to what you want or aversive, or in other words, **resistant** to the things that you *don't want*, because, folks, **that's where our energy gets wasted**.

I teach you, not just about the Polarized Mind, **but how to clear it**. Everybody who joins our courses, whether it's live in Sedona, Hawaii, Chicago, etc or on these e-courses, gets a free copy of my Clear-Mind™ meditation program.

All you have to do is read some of the testimonials of the people that have used it and you will see that it brings them greater peace than they've had with almost any meditation product they've used.

I'm not saying it's because I created it, "I" didn't create it. I was given an idea to put it together by my higher self and I didn't will it. It just came about. It just so happens that many people, who've tried a lot of other meditation products, or tried mediating - ones like, people who have meditated for 10 or 15 years, like I do, just normal sitting in a chair, they're saying it's brought them greater states of peace than they've ever experienced and that says something to me. *I hope it says something to you.* Once you can understand how to clear and free up the Polarized Mind, my friend, **problems literally disappear**.

The Polarized Mind works on the premise that there are problems to be solved and **that's all it sees are problems**. The reason why I give out Clear Mind, in everything that I teach, once you develop your facility of having a "Clear Mind", in other words, a one mind consciousness, you won't be looking at life as a problem to fix, you will look at life as something to **feel, honor and be in the flow with**. In other words, the part of creation. And **what an incredible shift**. What an incredible shift.

I use it almost every morning. All the students that have come through the class have used it in the mornings. Our Sedona class, our Sedona seminar that starts in a couple of days, people are going to be using that every morning during our seminar.

When you begin to use it you will feel states of One-ness that, maybe, you haven't felt since you were a kid.

I teach you **specifically** how to use it. Even if you get stuck I teach you how to **move through** those stuck stages, while you're using the product. So, even if no meditation product has ever worked for you before, Clear Mind will work for you, because we teach you **how** to use it. We don't just leave you off at the bus stop.

It helps you clear this Polarized Mind. Once that's clearer, folks, **everything changes** because then you can start speaking to those parts of you that feel disconnected or disassociated. Then you can start doing your "Mana"-festing. Notice that I say "Mana" - festing.

You can be one with your creation before you even think that you need to go create it, so you won't create what's called counter intention and I'll get into that in just a little bit.

When you're in that place of oneness, you realize that you don't have to go and mana-fest it, it's already there. Everything that you want is already in existence. Here's an analogy, think about this for a minute. This really is an incredible analogy. Right now, if you think of your TV and tuning to a channel, all those channels exist in the ether, if you have cable that's probably in the upwards of 100 plus channels. If you have normal TV that's at least a dozen channels. By you turning on the TV and selecting a channel **you "activate" it**, but it's already in existence, right? Think about that. That's what real manifesting is about. That you invoke source, not because of your will, not your ego will, but because you **tune into the essence of it.**

In week four we take you **completely through** that process. I'll review that as we go.

When you're free of the Polarized Mind, it will create openings for you that you haven't had in years and I can promise you that. If you don't feel that, that's where you call me, that's where we get on the Q & A calls, that's where you ask questions at the end of each course. It's a very open, interactive dialogue, this is not just one way, "Paul teaching", "student sits back". That's not the way real authentic teaching goes.

There's dialogue that goes on. There's premise, exercise, practice, questions. Then we build on premises again, we do exercises, we **experience** it, it's very experiential and then you ask questions again.

You write your questions down as you're going through this course, whether you do it via the downloads, whether you do it via the teleconference, live, whether you do it via the CD's when you get CD's and **you're never alone**. You always have like this "network" that you can tie into.

I'm going to talk about something that many people and we talked about it once, already, on the call today, many people experience this once in a while, but they don't experience it on a daily basis. I call it the *Power of Being Present*. If you've read the *Power of Now*, if you've read any of your spiritual books, Krishnamurti, Vernon Howard, any of your favorites, they talk about **being present**. But what is it? **What is being present really about?**

Being truly present is, not just living in some "enlightened bliss", it's actually being okay with **whatever you feel**. A lot of people misunderstand that. I take them through this thing called the Present Moment Process™ or PMP™ for short, which is life changing for most people that practice it, by the way.

Then once they understand that it's okay, even if you're feeling a negative state, what happens is parts of you that were in resistance suddenly become aligned. Once they feel aligned you start getting your power back, your clarity and you're not living in "victim consciousness" where someone or someone did something to you, you're actually in the "drivers seat" again, without having to do the driving all the time, if you know what I mean. I'll be a little bit more specific.

In other words, **aligning with source**, God, creator, consciousness, in the moment, that even if there's stuff that's *flying by* in your life that you don't want, that you kind of let go and you understand that there's a great power that's greater than your conscious mind at work.

When you can do that, when you can **truly surrender** and let go of what you think you need in your life, you will create stuff, folks, that will absolutely blow you away, much like that part in the Contact movie with Jodi Foster, where she says, "**I had no idea.**" It's an incredible place to be. But you can't go "after" it, you can't pursue it, it's more of a state of allowing it, letting it just happen for you. Yes, it's different for most of us that have been conditioned, but that's the conditioning that a lot of people wanted us to believe, **it's not the authentic you**.

It is certainly not the authentic you. Less action, more state of being. Do less, achieve more. Let go and let God create flow for you. If God isn't the word you use, then use Source or Creator, whatever works for you.

When you understand how to let go of what you're actually attached to, as Buddha would say,

"Our attachment of having something is the source of our suffering."

Once you let go of that attachment you become free in that moment and you notice how to use that throughout your day, whether it be your business, in your family life, in your friendships, maybe regarding your health. Maybe you've got some health challenges, all health challenges are really just a symbol that your conscious has suppressed emotion that's hanging out, so to speak, low vibrational feelings.

If you've studied David Hawkins work, those are under LOC 200, Level of Consciousness 200 and whenever you're feeling states like that, you cannot heal. Healing is impossible when you're under LOC200. If you don't know what that means we talk about that in length, in the course.

But when you feel states of peace, of acceptance, of courage, of understanding that there is more at work than just your ego and you step back from it, you begin to heal. You begin to understand that you don't have to be driving all of the time. You don't have to be in control. What a liberating feeling, folks. What a wonderful feeling.

All of you have felt that at some point in your life, where you did let go and something did happen. The question is, have you allowed that continue? Hmm. You can ask yourself that.

Being present really means, not just having blissful states or peaceful states, it's being okay **with whatever you feel**, so that the resistance fades away inevitably and you feel one again, you feel grounded, that you feel focused and you get your clarity back.

It may take just a little while, but you don't have to be driving it all the time, the old "Western mind".

The reason why we feel that we have to do that is this old conditioning. The conditioning, I call it, Negative Reinforced Memories or NRM's, you've heard me talk about that in our newsletter a few times or if you've been on our calls before. Negative reinforced memories, NRM's, are really just old memories that are **driving you without you knowing it**. They're unconscious, that's why we suffer. That's why you don't get what you want because the NRM's are kicking in on a fairly regular basis.

How do you know if they're kicking in? Look at what's going on in your life. Notice how you feel, notice what you have, notice what your friendships are like,

notice what your business is like. If it's not the way you want, consciously, the NRM's are in charge. In other words, the old habitual thoughts and feelings are in charge.

We teach you specifically how to clear that, throughout the course. Can it be cleared? Absolutely. How do you feel when it's cleared, I almost can't find the words to describe it when I hear, from some people, what it's like. Because it's so unfamiliar for them at first, they don't know how to put words on it.

As you redefine your vocabulary, what it is to live in this incredible place, the unimaginable life, that you begin to look at life with completely new eyes, it awakens you in ways that you've never imagined. I'm not just hyperbolizing here, or just saying words for the sake of saying words. You know this is possible otherwise you wouldn't be on this call. You know it's possible. It's in your gut, it's in your heart.

Your higher self guided you to hear these words. All of this know this deep down.

What we're here to do is to allow that most natural, most powerful part of ourselves to be awoken.

The opposite of a NRM is a PRM, a Positive Reinforced Memory. When you feel good, PRM's are firing off within you mind, within your body, in your "Neural Nets" - neural networks. You'll see what that means when I send out that Origin Thought file next week. The report on Origin Thought. You'll understand a little bit more.

Just right now, know that, whenever you can feel a peaceful feeling, the neuronets, the positive reinforced memories, within your mind, in your body, are firing off and you're feeling feelings of peace and serenity and tranquility and all of the neurotransmitters, like serotonin and dopamine and endorphins are flowing freely.

Isn't it interesting to find out, if you've seen What the Bleep that you can choose when those things actually happen, even in the face of fear, even in the face of rejection, even in the face of something firing off that is otherwise in your past, then in NRM, a Negative Reinforced Memory. Folks, when you can do that, you will be absolutely blown away.

All of us have that power, every one of us have that power within you. As we move through week one, we're still just on week one right now, okay, of the course. We talk about the power of intent, not the watered down version of intention, but your intent, which is your spirit.

Have you ever heard the people say and you might feel this, that, you know, “Why do some people seem to get stuff all the time and I don’t?” One of the big reasons, even if they don’t seem to be great people, by the way, in your estimation, which would just be a filter, by the way, but you see them constantly creating what they want, it’s because their power of intent is very strong, they don’t have any doubts about it.

You can learn that. If there’s filters in the way, of not deserving, of not being worthy, etcetera, in week two we help you uncover those and clear them. Oh my Lord, when you clear those, wait until you see what you can create.

The power of intent is, when you wake up in the morning, your intent is, “Today’s going to be a great day.” “I’m going to create some value for at least one person today, one human being, that makes them feel good. I know in doing so that I will feel good, it’ll just be natural, I’m not attached to any of that.” “I’m going to create some really create value for my customers today. For my kids, for my community. I’m going to be nice to my neighbor today, you know, the one that yells and complains, I’m just going to smile at them today and send that intent.”

We cover the power of intent throughout the entire course, so you understand just how powerful, when you evoke that intent, it really is and when you’re aligned with it, how powerful you are. But not because you will it, not because you have to ego or think that you want to be in charge, because that you know, is when you’re ego is stepping into place.

To finish up week one, which is really the foundation of the whole course, we teach you a secret process that you do before you go to sleep, that for many people who have been through the course it creates miracles for them.

I’ll say it this way, without telling you exactly what the technique is, the thoughts that you go to sleep are the thoughts that you’re going to wake up with the next morning.

This technique that I’ll teach you, in week one, helps you to start orienting your basic thoughts, as you sleep and therefore your subconscious works on those, not the ones from the day before if the day didn’t go well. You start shifting what’s called your semblance point, we don’t have time to go into what that is, but suffice to say, that your day the next day does shift considerably, in a positive way.

Now, I’ve talked about this thing called the Myth of the Law of Attraction and I’m going to go into that now, just for a few moments. It’s not that the law of attraction doesn’t work, okay, the myth is that when people use it, **it’s going to create what they “want”**.

There's a lot of misunderstanding going on right now, with the law of attraction and I'm just going to set the record straight right now, okay? Here's what happens. People find a new technique, like the law of attraction and they try to use it to create what they want.

The problem with that, using it, **to “get” something**, is that it immediately creates what's called **counter-intention**.

Now, this call's being recorded, so I'm about at the 48 minute mark, if you want to put that on your paper, if you want to listen to this again, because this is one of the jewels of this call. If this is all you learn on this call, this might be one of those things that really opens life up for you.

If you use a technique to try to get something, in your life, it is immediately counter-intending, in other words, **canceling your original intention**.

Because your **origin thought is that you don't have it**.

That's all your unconscious hears is, “I don't have it.”

The very fact that you want to do something to create something different in your life, if you're not honoring **the way things are now**, the way things are in this moment, then you're creating immediate **counter-intention**.

Most people, when they learn things about the law of attraction, they say, “Oh great, I'm going to shift into high gear, crank up my vibes, do all these things and I'm going to get what I want, right?” If you've practiced that folks, you know what happens almost all the time. Yep. Typically you're not getting it, or you're getting it and it slows and then it stops and you begin to ask, “What's wrong?” Or, “Why's it taking so long?” Or “Why isn't it happening at all?” **All of those are counter intention**.

Because the origin thought was, what is happening within you isn't good enough and **you're not aligning with source**, in that moment, you are literally sending out a note of resistance and self rejection.

The author John Ruskin, in his book called Emotional Clearing calls it, self-abuse. It's almost too strong a phrase to hear, at first, but when you become a good student, in other words, step back from your own ego and start noticing things that you say to yourself, things that you feel on a regular basis, these engrained thoughts and feelings, you actually notice that, “You know what, geesh, why do I do that to myself? Whoa!!” But not to ask that in a false premise way, not to find out that, “Well that's just the schmuck inside of me.”

What I mean is, **“How is it that I do that?”**

“What part of me is actually saying that?”

“What part of me wants to feel miserable?” “What part of me wants to counter intend? You may not know the answer to that right away, **but we teach you how to find the answer.**

You become your own best counselor, because, folks, no matter how good the teacher is that shows up in your life, **none of us can do it for you.** You’ve heard this before. The really great teachers bring you to the path of your own understanding. It has to happen on the inside of you first. You have to make the decisions that you’re able and capable and worthy. No matter what we say on the outside, no matter how much money we give you, love, intention, recognition, you name it, you’ll never feel it, **unless you allow it.** Unless you decide or intend it or it won’t be enough because the premise, **the origin thought** is, “I’m not enough on the inside.”

Each of us has our own challenges, but the origin thought of many of those, as you see the document that I’ll send you later this week or next week, about the origin thought, you’ll see what I mean in a diagram, that the base of all these thoughts is the origin thought of, **“It’s not here, so therefore I have to do something in order to get it.”**

Which then creates more not getting it.

Do you see where we’re going with this? That’s why you’re not creating what you want in your life.

The next question is, “Well, how can I?” Great question. The answer is, “Align with **what is** to begin with.” “What do you mean Paul? You mean the pain?”

“Yes. Honor it, ask it what it’s trying to teach you, honor that lesson.”

Once you find that out you’re free of it, now for good, until you resist it again, until you’re finally through with the teaching, but that doesn’t have to take years or decades.

That’s a **huge one** to get folks, the Myth of the Law of Attraction or any other technique that you’ve used to say, “Well I tried this and that didn’t work.” And, “Well, you know, it worked sometimes.” It’s because we unconsciously are counter-intending, sending out signals that,

“It’s not here, and honestly I don’t know how it’s going to get here, but it better get here fast.”

I’m smiling to myself now. I’m not smiling at you, I’m smiling with us, all of us,

because I'm laughing at myself because I can think of all the times that I've done that too.

Just think, for a moment, all the times that you said to yourself, "Well, I got to create this, or else."

That's immediate counter intention.

So, everybody just take a nice drink of water now. Take a nice deep breath. We've been doing some pretty intense stuff here. I'm about to talk through weeks two and three right now.

Week 2 Of The Course

In Week 2, we go into what's called the "**Limiting Belief Discovery Process**", which is the accumulative understandings that I've been doing, through all of the teachings that I've had and been teaching over the past 15 years.

Unconscious Filters And Blocks

About 15 years ago, I sat down and I went through a process where I was dialoguing with my subconscious, I did a little affirmation, I said, you know, like a statement, "I am rich." Maybe some of you have tried this. I closed my eyes and I was interested to see **how my sub-conscious responded** and I listened and I said, "No you're not." And I thought, "Hmm, that's interesting." And I wrote that down.

I went back inside, I closed my eyes, took a nice deep breath and I said, "I am rich." And each of the times I said that, it responded with statements that are, you know, "tail enders", or zonks or "*Nope, can't do that.*" Or "Don't deserve." Or whatever it is. I ended up with almost two pages worth of negative statements and I was amazed.

Do you know what the problem was? I had no idea what to do with it back then. I didn't have a clue. So, I went to hypno-therapist, here in Chicago, and she looked stunned. She said, "No one's ever come in with their baggage unpacked." She said, "You're the first." I said, "Great, what do we do?" She says, "Well, you're going to go far with this."

Unfortunately I didn't get very far with that given therapist. Nice lady and everything, but it wasn't a direct hypnotherapy, so, it was kind of artificial and it didn't get very many places. It was the **founding seeds** of this limiting belief discovery process.

Through the Limiting Belief Discovery Process, what I help you do is understand **how to communicate with your subconscious mind**, number one. To understand **how it's feeling**, what it's saying and each of the weeks that we go through this course, you're finding out what you're saying to yourself on a moment to moment basis. Folks, **you will be stunned** to find out what you're really saying to yourself.

Mumbling under your breath,

"Well, that's never going to happen." "Yeah, they say it can happen, but it's not going to happen for me." "Who am I to become a great author."

We're saying these thoughts, by the way, at about 500 miles per hour, maybe even faster.

If you want to look into what NRM's and PRM's are, if you get into science at all, if you want to see the proof of this, this is not a hypothesis on my part, Scientific American Mind, in this month, the issue is called the Science of Burnout, talks about these "**fused memories**" with these fused states, we'll get into exactly what that is in the course. But how do you free yourself of these fused states, that travel at 500 to 1000 miles per hour, throughout your brain, **you don't even notice them**, they're so fast.

The unquestioned assumptions that we have been built on, the falsehood of any of who we think we are, not having enough, not being enough, not doing enough, even when you do something, you still don't feel like you're enough. That's what my father felt all the time. It ended up burning him out, folks, those of you who have heard me talk about this; bear with me for just one moment.

What happened to my dad was that he worried all the time. He was in constant states of fear because of that same conditioning that we've talked about, when he was a child. His father killed himself. Imagine that trauma. Imagine being told that, when he went to school, "You're a bastard, because you don't have a father anymore." Imagine the damage that took.

He tried living it out the rest of his life, he tried to make sense of it. Honestly, he really didn't get very far and it ended up taking his kidney energy down, because when you worry and you're in fear, often, it drains your kidney energy. You want to do some research on that? Google it. Look it up. Look under fear, Chinese medicine and kidney energy and you will find the proof that you're looking for. But you don't have to do the research, you've all experienced it in some way.

When your energy drops and I mean more than a day or two, you know your kidney energy drops. All, and **here's the law of attraction**, all thoughts and feelings, attract their like equivalents, **BUT, you cannot pull a "fast one" on field**, on source or creator.

Whatever you're thinking and feeling is what you're going to be attracting.

Even if it's

“I'm going to use one of these techniques to get me out of this situation”,

but the founding premise, the “Origin Thought”, is, “I feel awful and I got to get rid of this thought.” What's going to happen if that's your founding thought?

If you're saying to yourself “More resistance.” Then you're right on, you're spot on. So, you want to start making peace with those origin thoughts of “Not enough.” Of not feeling the way you want, of feeling anger or shame, or whatever low vibrational feelings that you feel.

We all feel them, folks, it's not about living up at LOC 500 or 600 if you've read Hawkins work. In other words of peace or love or joy, all the time. That's just as silly as trying to keep away from the low stuff. You know, moving and being attached to the high stuff. I'm talking about being free to move those, just like Jesus walked through the poor neighborhoods, like Mother Theresa would walk through the leper colonies, that it was okay, that they still held their arms out. Whether they were beautiful people or not beautiful people. **They didn't judge them.** *Imagine if that's what you did with your own thoughts.* **Incredible.**

It's all about the Limiting Belief Discovery Process, where we teach you, step by step, how to find out, 1) what your limiting beliefs are, in other words the unconscious filters that stop you dead in your tracks, no matter how hard you try. In other words what the pop psychology or motivational field calls, self sabotage.

There's a myth there folks, you don't literally sabotage yourself, **those parts are doing what they're doing for a good reason.** They're based on, what I call, the **Prime Directive**, to keep you safe. You know this at an intuitive level. You started moving in a direction, you started making a little more money, you attract somebody nice in your life, you start doing something that actually helps you in your job, in your career, your health, then all of a sudden something slams the door and it pulls back and you wonder why the heck did it do that. You don't know the reason all the time.

The primary reason is it doesn't feel safe leaving the comfort zone of familiarity.

Think of the root word of **familiar**...

and the root word is *family* and that's where we learn these “safety zones”.

Once you become a) conscious of them and b) accept them and c) you can then transcend them. Once you transcended them you become freeier then you ever imagined in your life.

The Limiting Belief Discovery Process of week two and week three, helps you move through these things, starts getting you use to feeling okay, even though they're there. Understanding how to apply the PMP process, the Present Moment Process, feeling like you're actually empowered, despite the fact that stuff is still happening, that you can stand back from the stuff and go,

“You know what, it doesn't press my buttons anymore!”

Think of how incredible that can be in your life. Imagine that, even if that person who presses your buttons, or tries to, that the button doesn't get pressed anymore because you removed the “ZZSSTT” the stuck energy behind the button.

It's not that they're trying to press your buttons, by the way **because there's never anything outside of us**. They're on **our stage**. They're in that imaginal thing that “they're doing this to me, it's because not of them”, but it's **because of us and our attractor fields**, in other words, the levels of consciousness underneath *that create those origin thoughts*, where you don't feel enough, where you don't feel recognized enough, or whatever it is that you feel throughout your life.

The limiting belief discovery process helps you find out what those patterns are, what those unconscious filters, those negative reinforced memories, and make peace with them and clear them. Another way of saying it is to integrate them. If you bring them back into the whole they're never separate anymore.

In week three, of the limiting belief discovery process, Susan Castle helps us with what's called the mind heart integration process. Many people have said that was their favorite part of the whole course because it helps you reconnect with the child within you. It helps you reconnect with, prior to the age of seven, when the traumas that happened, that are still creating their effects today in your adult life, to make peace with those.

In other words to give those parts of you the love that they did not get at a very young age and what a miraculous process that is folks.

Susan has done that for me dozens of times and has helped me through some of my darkest hours. You will have a special recording, as part of the course, for you to play it, like a guided imagery, so you can go through that process, once Susan teaches it, so even if you get stuck, you could do it for yourself. It's very powerful and, like I just mentioned, many people say it's their most favorite part of their whole course that it was worth the whole thing for just that.

Because you're literally beginning to repair the child that's been lost within. I don't mean POP psychology, those of you that are business people that are on the phone, I don't mean psycho babble stuff that you may have heard tossed around. What I mean is authentic in the sense that, if you're stuck, there's a reason why and it's not in your adult life, it's in the child, prior to age seven.

When that part feels connected again, everything changes. You get all of your energy back. It's such an amazing process that to experience it, is to give you that sense of "Oh my goodness."

Many of you have heard Susan doing some practice sessions of that. So, you have a sense of what it's like. If not, then you will be stunned when you experience it.

In the limiting belief discovery process you also learn what are called, polarities, in other words different poles, like being attached to something and being fearful of having something.

I'll give you an example of what I mean. Think of something that you want. Now, think of never being able to have it. Often we're not aware, in other words the origin thought level, is that we're attached to having it and we can't stand, either losing it or the thought of never having it. What that causes folks, is a polarity, in other words, a suffering of energy and we oscillate back and forth, I got to have this, I can't stand not having it, back and forth, back and forth and think of the amount of energy that it drains out of you.

Whatever it is that you want in your life, whatever you fear losing most, is the thing that will drain you the most. Whatever you're the most attached to, will drain you the most because that's all you're thinking about unconsciously all day long and it drains an incredible amount of energy.

Imagine being free of that. Just imagine that right now. Imagine being free of the things that you think cause you the most stress, the most worry, the most energy draining, so that you're at a peaceful level, even though, once in a while, you're reminded of them you still feel a peaceful feeling, even though you're reminded of them. Wow, imagine that.

At the end of week two and the end of week three, we go through special live, interactive Q & A sessions. In other words, Question and Answer calls where you get to work with me, one on one, and ask, "Paul, I'm starting to go through this PMP process, it works in some ways and not others, what am I doing wrong?" Okay? "How do I use it, during my work day, when my boss comes along and says, 'Your work isn't great at all.'" Or whoever it is that sets you off or if it's something within you. How to do that process. You know. How to run

through this **Limiting Belief Discovery Process** and the clearing process, that we've created with it.

In ways that the polarity start literally - dissolving. When you feel that you're going to start feeling things naturally happen in your life, without you having to will them and you'll be wondering who's creating them. After a while you won't have to wonder, **because you'll [know](#)**.

In week three, as I mentioned, Susan takes us through that "Mind Heart Process", and she talks about this thing, that I actually have coined called, "The Restless Mind and the Silenced Heart". That, of and by itself, is a duality.

The Restless Mind and the Silenced Heart. It's the Silenced Heart, you'll hear Susan say this, when you join the course, that causes most of the disease that we have in our bodies, in our minds and in our spirits.

It's when who you really are that gets silenced, that causes all the pain in your life. But, with an open heart, when you understand how to **re**-open your heart, **before the injury ever happened**, for example, in a relationship or when you were a kid and mom or dad yelled and yelled at a level that was really painful. When you learn to clear that pain and open your heart again, it will create states of unconditional love within yourself that will make such a dramatic change in your life.

You'll have your own experience of it, you'll be able to remember it and practice it on a regular basis.

Finally, in week four, we talk about what I call the "Mana"-festing process. Mana, meaning energy, spirit. Mana-festing, the actual process of it.

Why did we wait until week four? It's because **if you don't have the proper foundation** built **before** you do your manifesting, you could be using some of these techniques that you've learned about, that you already know within you, all of you know how to mana-fest, all of you know how to do it, intuitively, instinctively, problem is that **you're not aware of when you have counter - intention**.

In other words, when your subconscious, or the Hawaiians call the *Unihipili*, when your "Uni", for short, has counter intentions of, "I'm not feeling good." "Well I don't deserve this." "I'm not worthy of it." "That's not safe." All these limiting beliefs, that's mucking up the mix, in other words, it's distorting what is going to be created and most of the time that's where people are coming from, when they're trying to manifest what they want in life.

That's why the stuff, either, a) doesn't happen or b) ends up being a "shriveled" version of your original intention, or c) if you get what you want, you end up

feeling not that great when you get. There's a few that may be smiling right now, because I know that you've experienced that.

In my sales career, I remember this, back many years ago, that I closed the largest deal of my life and before I went to sleep that night, I was looking up at the ceiling and I was thinking, "Boy, I just closed this huge, huge deal." And I thought to myself, "Why am I not feeling more excited or something." You know, I didn't know what to feel back then. It didn't make sense to me then, but it makes much sense to me now, and that is, a part of me still didn't feel complete. What I was attached to was the outcome and I got the outcome, but it wasn't the fulfillment that I thought it was, because there are things folks, that will never fulfill you.

The house, the car, the money, the trappings, all the material possessions will never fulfill you, but the NRM's, the origin thoughts of, I have to get this or else, the societal condition, the "Go get the plasma TV and the big SUV" that costs, now, almost \$4.00 a gallon, keep getting that stuff, keep consuming is what's being unconsciously hypnotized into us the more we watch the TV or listen to radio or listening to friends. You watch them having stuff you go, "Well, I better go get it." That's all unconscious conditioning that's going on.

Many of it was laid at such a level that you don't even know it's there. But we help you detect that, clear that and make peace with it.

So, in week four with the manifesting process, is understanding how you align with source and you let source create it for you. All you have to do is be in the state and the essence of it already being real. You've heard about this, you've read about this, at least those of you who have been studying more on the spiritual side, rather than the go get it side, you've heard about this.

Understanding that you don't have to drive it, that it's not always about action, despite what you've heard whoever your favorite motivational expert is. The male identity folks, knows one thing really well and that, pushing, going, yang energy. In other words aggressive energy.

The "Yin" energy, the softer side, the female energy, so to speak, is the one that all I have to do is align with my creation, knowing in my feeling, right now, that it's already real. In that moment that you summon source, like Castaneda and Dyer talk about, that the moment that you **beckon source, that you are one with source** and **source is you**.

It's a principal that pretty much goes over people's heads, right after they hear it, because they don't know how to practice it. I teach you **how to practice it**. Then you start manifesting stuff, not because you needed it or wanted it, but **because you aligned with it**.

What an incredible faculty, to be able to practice and be able to share with people. Notice how I say, share with people. This is not something to be kept, this is not something to hoard, this is something to practice in your life, share it with people who either, a) can't afford to take the course or b) haven't yet decided to or c) just don't know that it's there. You work with them. You sit down with them and you say, "You know what, can you imagine, right now, what it would be like to be free of this? Can you imagine what it would be like to have the very thing that you really, deeply desire. Not just the thing, but the essence of it." And you find yourself teaching something and you know you're getting good at something when you're teaching it because that's how you get really, really good at it, because you're really **responsible, in that moment**.

You're responding to that which **is**, someone who is in need of help. One of the great things, of the course, is that we're going to create mastermind groups, for all of you to be part of, so each of you can't fall off. You can't say one day, "No one was there for me, I'm going to quit the course."

Imagine, if you were in a group with us, for seven days, and if you started feeling like you weren't...like nothing was working for you, you wouldn't leave, you wouldn't get in your car and go back to the airport. You'd stay. In that same sense we're going to have a team for you, to be able to work with, during the weeks, in other words, on the days when the classes aren't being held.

You can work with the people on your team, dialogue, e-mail and on the phone and understand, "Oh, yeah, I get it. I see myself and what they're going through and I'm going to help them, not motivate them, but hold space for them." In other words, with unconditional love and trust, that's the basic of a good mastermind group. "I'm going to really be there for them." What a great thing to be able to do for people, because you know how that feels when someone is there for you. An incredible thing to be able to feel.

I create a template for you, so that you know how to do those meetings. In other words you don't start from scratch, "Hi, how's everything going? You know, well, nothing's working, okay, goodbye now."

You start with a really good intention, where you bring all the energy together, like what we've done on this call tonight. That you understand that everyone's going to bring something positive to the call, that's their assignment. You're going to bring something positive, not just what's not working, because the mind gets filled with things that aren't working, because of "ego identification".

You're going to help your partners and they're going to help you step through the steps of becoming aware, in other words, **Presence**, honoring the parts of themselves, doing the Present Moment Process (PMP), understanding how to apply the Limiting Belief Discovery Process and, essentially, being one with

consciousness, one with creator, source, consciousness. You don't have to be "mana-festing" all the time, **because it's naturally happening anyways.**

That's essentially, the course. Right there. There's much more than that. I want to be respectful of your time tonight and answer any questions that you might have.

Here's our special announcement . . .

We've never done this before (not in this way).

What we're going to do with this next course is give you an option of working with us **in person**, live and that place we're going to do it - **is in Hawaii**, is going to be at a fraction of the cost that we've done our other retreats. I will tell you what the price is - when the course is announced. It's something that Susan and I have been formulating the last couple of weeks.

If you can't join us there, that's okay, you'll still have the option of doing just the course itself.

First of all, imagine, all of us, when we hear the word Hawaii, you pretty much go into a "That would be nice." You know. We smile to ourselves.

We've been thinking for years, "How do we do this? How do we make it easier for people to get here?"

Well it's not going to be \$7,000 I can promise you that or \$10,000, like some retreats are. It's going to be far less than that and it's going to include the e-course, so from the get go you're going to have the training before you ever go on the Hawaii trip. If you choose not to go, that's fine. You're still going to have a voucher to go, so if you want to join us, in the Spring, if there are enough seats, by the way, because that one may be sold out, when we do this again, we don't know this for sure.

It's a very small facility, in other words, we're not going to have 500 people in the room, for a good reason, we're not going to work with that many people. We're going to limit the class size, in person, like we limit the class size in the e-course, because we're not looking for just numbers, **we're looking for effective platform to help you find the skills within you.**

So, if that Hawaiian idea excites you in any way, then as you see the resources that I'm going to be providing you over the next week or so, the origin thought document and some other things about the polarized mind, I'm going to post this audio clip, to the internet, so that you can listen to it again and also so you can read the transcript and start understanding this information.

If the Hawaiian thing is right for you, you'll know it. If it's not, you don't have to go on the Hawaii option, but it's going to be far less expensive than what you've seen our trips to be or any of the other things that you see, that give the amount of the **personal training** and that's a key word, folks, the amount of one **on one personal training** that you're going to have by attending our Hawaii seminar.

There's going to be lots and lots of great things at the seminar, so they'll be a different time when we tell you about all that stuff. You'll hear more about that next week.

The options are going to be the e-course itself or the e-course with the Hawaiian seminar and there's a third choice and it's something that Susan just recently added, to one of her offerings for the Sedona seminar, (which sold out), the option three would be you get, the course, in other words the e-course, the Secrets of Mana-festing Course, with the Hawaiian Retreat and also personal coaching, one on one.

I don't do very many sessions at all. Why? Because I focus on doing courses like this and I take my time doing lots of creative stuff. There's lots of stuff I'm in the midst of creating and I don't have the time to do personal sessions.

So, if you desire a personal session, yes, I still do them, but I don't do them in any great numbers. This is your ability to work with me, through this e-course and also a one to one basis and get all your questions answered, to move through these processes in ways that will absolutely astound you and blow you away. I promise you that.

If you're willing to work this course and that is my one requirement of you, that you commit yourself to this, because if you don't, you can stop right now. I'll be very frank with you, there are only a couple of people, in the last two courses that we taught, that quit.

I don't respond with other than, I'm still here to help you, to those very people. The people who have been on the course before, you know, you've heard me say that before. I don't quit. I don't quit on anybody. The reason that someone cancels on something is that they feel they're separate and it doesn't work for them because their filters are popping on and they're not conscious of that.

If you're considering this course, think of something that can give you this amount of resources, this amount of access to the people that have created it, in the way that you've been listening to it tonight and that we don't quit on you. Period. It doesn't happen.

If you are committed, it will create things for you and I don't mean just third dimensional material possessions, what I mean is having the feelings that you

want to hear, having the life style and the kind of energy and the people around you and having your connection with Source, in way that is maybe uncommon to you, maybe **unheard of** to you.

With your intent, if there's your will, then there's the way. I can promise you that.

I hope you feel that commitment in my voice, I hope you can hear that. That's why I do this, this is my passion.

When we started doing these E-courses, it allowed us to touch many more lives than doing live seminars or doing personal sessions or, even, with our products, because people get a much clearer sense of how does consciousness work.

Some people have said, "Paul, this course isn't really secrets of manifesting, it's more like the secrets of consciousness." Yes it is. When you use **Clear-Mind™**, if you remember, from about almost an hour ago, talking about my **Clear-Mind** meditation product, people have understood that it's not just about meditation, it's about my clear thoughts throughout my day, that I can turn it on while I'm writing. I can turn it on when I get stressed in the afternoon. It rebalances what's called my sodium potassium ratio, in my brain. For those of you that know about the brain know how important that is, incredibly important.

There's so much more that I can talk about, but I want to take a step back and now allow you to ask some questions. You know the basics, now, about the course and I'm not asking you to make any decisions tonight, this is just an informative call tonight.

The course is not launched, it will not launch until next week. In the meantime I'm going to be supplying you with more information so you can make an educated decision, so, with that, I will open up the lines to Q & A and I thank you all for holding space for all of us.

Go ahead Sir, with your question. What's your name?

Darryl

My name is Darryl.

Paul

Yes Darryl.

Darryl

Yes, I've been listening to, I wanted to join the course the last time, but I missed it. I thought I ordered it, but I got Creating Abundance.

Paul

Okay.

Darryl

Is that the same thing?

Paul

No. They're dramatically different. As good as Creating Abundance was, or is, the Secrets of Manifesting, if only Darryl, by the sense that it's interactive, where you get to really find out the nature of your consciousness.

Creating Abundance helps you get through some of the steps, you know, it helps you with the energy clearing, it helps you identify some of the beliefs, but as you step through the "Secrets of Manifesting" Course, week to week and you find out what's going on inside of you, what you're saying to yourself, what your unconscious filters and your limiting beliefs are, you will be stunned Darryl. I mean in a good way.

I'll give you an example here, when we work with someone live, pretend, right now Darryl, that you're standing right next to me.

Darryl

Okay.

Paul

Okay. And you say, "Okay, I've got this challenge." And I say, "Okay, great. So, let's find out a little bit more about that." I would stand next to you and I would muscle test you. You would extend your arm out to the side and I would say, "Okay, say now, 'I feel good about this problem.'" And you would hold your arm as strong as you could, while I pressed down on your arm, chances are your arm would go weak, no matter how hard you tried to hold.

Darryl

Right.

Paul

That would be hard for you to identify the belief that's underneath that, trying to do it on your own.

What happens, through the Secrets course, is we help you identify it. It's popping up in your everyday life, **you're just not noticing it.**

Then you start doing the PMP process and you start noticing, "Ohhhhh, that's what I say to myself."

Which is what you would experience if I was working one on one with you. You'd see it right away. You'd say, "Oh my God! ***That's what I've been saying to***

myself all this time!” So, I’ll be a little bit more specific Darryl, and everyone else.

It’s not what happened to you as a child that caused the trauma, **it’s what we said to ourselves after the trauma happened.**

Darryl

Oh, okay.

Paul

Does that make sense to everybody?

Darryl

Yeah, I’ll have to actually get that.

Paul

Okay. So, everyone think about that for just a moment, because that’s a really good question, that’s a great question Darryl.

In other words, what we just got onto there. Because if you understand what you’re saying to yourself, on the inside, on a daily basis. Remember folks we think **50,000 to 60,000** thoughts a day, how many of us are aware of most of them. Think of what those thoughts must be. Think of what’s happening in your life and you’ll know what those thoughts are. You know? “It’s not happening.” “It’s not happening for me.” “Well, they’re getting it, but I’m not.” And all these thoughts, a conundrum, you know, just an absolute hurricane, **a cyclone of thoughts**, going throughout the day, through a restless mind.

When you start using Clear Mind, what you begin to do is make peace, then this polarization, in other words, “They have it and I don’t.” Richer and poor, “I don’t have it yet, why do they keep getting it.” Etcetera, all those thoughts start filtering down to oneness, in other words, “Hey, you know what, I feel pretty good right now. I feel pretty peaceful.”

Everyone that’s been through the course, that’s practiced Clear Mind, has shared that with me. They say, “I’m feeling peaceful almost every day, even though the stuff hasn’t changed for me yet. Even though, you know, what my ego’s still telling me. Even though,” whatever, “hasn’t changed yet.”

Darryl

That’s what I want there.

Paul

That’s major. That’s what I wish I had, everybody, when I started my personal growth journey, something that would actually help me get clearer on what the polarized mind was doing, or **just to become present.**

I had to do it the hard way. I started mediating many years ago, about 1989 to be exact. I was okay, not at first, I was miserable, I hope everybody will laugh at how bad I was at meditating. If you ever feel like you've not meditated well, join the crowd.

But, I got a little better in the 90's. I could actually get in alpha states, in other words calm states. I had no idea what Theta meant, and I'll teach everybody what that is, you'll be masters at Theta.

When you get to that point, you understand that **there is no separateness at all**. And, at the point, for Darryl and everyone else that you understand that you can evoke that, in a moment, even if you're at your desk, oh man, is that powerful.

You don't have to "drive the boat" all the time. You kind of let go. Imagine those of you that are writers or artists or salespeople or whatever you do in your day, imagine that you can kind of step back and let source come through you. Imagine that just for a moment. **That** does the creating. Stepping back and letting the flow, in other words, like Yoda would say, the force, do the creating for you.

You had the intention, but it takes over and does the creating. Does that make sense to everybody?

Several callers

Yeah.

Paul

So, any other questions?

Caller

Yeah, hello Paul.

Paul

Yes.

Caller

Yes, I have a question, what time is usually this e-class? Is it typically at night?

Paul

It's typically at 7:00 at night, but you know, depending on time zones.

Caller

Is it Eastern time?

Paul

It's 7:00 p.m. usually Central Standard time, sometimes we do it at 6:00 pm, like we did tonight, depending on circuits that are available. That's one thing that we can't control.

It's usually 6:00 or 7:00 p.m. Central Standard time. The Q & A calls that we do are on Friday afternoons, approximately 11:00 to 12:00 Central Standard Time.

Everything is recorded, everything is transcribed, so you get voluminous notes, not too much to handle, in other words it's not hundreds of pages, but it's enough that you can do it on a graduated basis.

You've got to be able to assimilate the knowledge and wisdom that you learn, in other words on a piece by piece basis, in other words, not all at once.

Caller

What about the mastermind ground? What time do you usually hold those?

Paul

Those are going to be up to you guys. We're going to give you the template of how to do them and it's up to you when you want to do them, throughout the week.

In other words, we're going to create little teams of people, like three to five people that are in your time zones, that are in countries, in other words, let's say you're in Singapore and there's no one in your country, then we'll help you figure out someone that at least somewhat in that hemisphere, Japan, you can call or someone in Eurasia or someone. We'll handle that on a case by case basis.

You guys decide when you meet. We're going to give you the template of what you work on a weekly basis, so you can really be moving through the material and you don't start falling off.

Then, in addition to that, one of my clients today added something, this is one of the reasons we're adding this, he said, "Aw man, Paul, the course was fantastic, but what happened was, when the course ended I just kind of fell off."

I said, "Tell me why." He said, "I don't know." I said, "So, tell me this, do you feel you need people around you to help keep you stimulated?" and he goes "Yeah. I need people around me to help me" what's the word he used...

Caller

Accountability?

Paul

That's exactly it, accountability. Who said that?

Caller

This is me Daitin [ph].

Paul

Okay, you must have been reading this gentlemen's mind, because that's the word is accountability. For some reason he needed someone to be accountable to be able to keep in the flow.

That was a little gift, his name is Anthony, kind of gave to all of us today because it reminded me how everybody needs a little bit of that.

Caller

Because when you're like going to seminars and you're in that state of a perfect...everything is perfect at home, you get caught up in the day to day. Also you have the subconscious program that is very resistant to new changes, so you fall back to your old patterns.

Paul

Yes, it's very easy to do.

Yup, that's the, wake behind the boat, if you will. If all of you can imagine what that looks like, if you're in a boat or if you've seen a boat and see that big wake behind it, that's memory.

So, any other questions.

Paul

I want to appeal and encourage and inspire you to think outside those boxes of can't. think of possibilities and that's not even scratching the surface of what you can do through this course and I really mean that. You can hear the passion in my voice.

That is a morsel, that's a little crumb of possibility, can I mana-fest the time, you know. Some people say, "Well, I can't do the money and I can't do this and I can't do..." You know what, right away you speculated to some ego thought.

Katherine

When is the Hawaii thing taking place?

Paul

We're penciling in, we're just getting some firm dates right now, either the first week of October or the first week of November. So, we'll have that certain, in other words locked in, next week so when we launch the course you'll see those dates that we'll be having it.

It's figuring out the facilities, more so ma'am, than anything. What's your name?

Katherine

Katherine.

Paul

Katherine. Thank you for that question.

Dan

I have a question regarding Clear Mind. Is it an audio CD? - because I thought file trial copy, included in the course, is that true?

Paul

Yes.

Dan

Trial version, what does that mean?

Paul

What that means is, the only difference between that and the actual, what I call the full version, is a book that I'm going to have and the book is not fully written yet. So, you guys are getting, essentially what that full version will be.

You're going to get the training, I'm going to do a separate break out training, just on how to use Clear Mind.

That's not like going to the store and buying a meditation CD, that's taking through the steps of, what happens when you get stuck? What happens when the mind is still oscillating, in other words, that "restless mind" thing that goes off. What do I do? You know. Think of all the questions, that you have, about meditating, that you've tried it and it didn't work or it worked on this thing, well, it worked for a day or two and then it stopped working for me.

Here's the beauty of Clear Mind folks, and whatever drove me to create it, in other words, something bigger than me, is what I'm trying to say. I learned by using it, that it's a mirror of consciousness, so it's not just a meditation tool, it is a consciousness or state tool, where you are evoking spirit to create things for you.

Not with you will though, that you are aligning with spirit, do all of you get a sense by what I mean by that?

Caller

Yeah, like Aource, that you contact, that you're in harmony with source energy, right?

Paul

Yes, yeah, and those of you that are pressed on *6 and you said yes and you have a question about that, feel free to come on and ask.

It's so important, so incredibly important that when you're doing meditation, there are some amby forms of meditation and you got to find the ones that work for you, and so, what I help you do is find the channel, so to speak, that Clear Mind mirrors in you, to bring you peace.

Does that make sense to everybody?

Caller

I'm not sure what the Clear Mind is that you're talking about.

Paul

That is my audio CD, called Clear Mind, that is a meditation product, did you hear me talk about it, earlier on the call?

Caller

Actually I missed the first 15 minutes.

Paul

All right. Okay. We briefly touched on it when we first started and everybody that joins the course gets Clear Mind and it's an audio CD.

I teach you, personally, so to speak how to use it, so you understand how to apply this sense of, "I stand back from ego long enough that I allow my higher self to come in and my subconscious to all combine and harmonize," just as that gentlemen just said, "in ways that you can feel, palpable." And I really mean feel.

I don't mean, just once in awhile that you sit down and you hum and you know, I'm not disparaging any other form of meditation, what I really mean is that you have a feeling about it, that it's pono, if you heard me talk about what the word pono is about, it means that it's truthful for you, that it's something that is highest in you, that palpable, in other words that you have an experience in it and it makes you feel good.

It's got to make you feel good, otherwise either a) discard it or b) practice it a little bit more, because you don't understand how to use it yet, but I don't let anybody, you know, just fall off the way. If they're not getting clear mind, they either stay on the Q & A calls, or they ask, "Paul, I don't think I'm applying it right. I've tried it three or four days in a row and it's not working for me." Great, then we'll find out the why. All they have to do is shift their intention, their orientation and all of a sudden they call me or they email me or they come onto the Q & A calls and they go, "Guess what, it's working!" And I go, "Yes!"

Caller

I just have a technical question, I'm not really a technical person, pardon me, I'm on a Mac does that have anything to do with that?

Paul

That's not a problem at all because it's not software specific. The clips and the pdf documents and the teleconferences, etc, they're all universal, they're all standard, so it's not software. You're just downloading audio clips and pdf files, throughout the course and if you order the CD version, what you'll be getting are the CD's which you play on any CD player.

Caller

Oh, okay, great.

Paul

And if you decide to go to Hawaii, of course, there's, you don't have to bring your Macintosh with you at all, unless you want to of course.

As far as class design... It's practice, listen, experience, make your shifts, come back, some unexpected surprises, that I won't tell you about now, because otherwise they wouldn't be surprises, right? But ones that will delight you folks, because this is so much fun to do this course. You'll see what I mean when you're in it.

The people that are on the call, Barbara or Bonnie or anyone that's been on the course, has it been fun for you?

Bonnie

Yeah.

Paul

Is that Bonnie?

Bonnie

Yes.

Paul

Has it been fun for you?

Bonnie

Yes it has.

Paul

Okay. This is Bonnie's, almost third time back, or at least on the call tonight, third time.

There's been a lot of people who's been asking me to create another level to the course, which I'm in the process of doing, you know, I'm calling in a mentoring program and, so, that's being prepared as we speak.

But what's really important right now, is to focus on what my guts been telling me to do, and that is get this next level going.

If you guys want to do the Hawaii thing you will absolutely be amazed and I don't mean just at the price of it. What I mean is when you're there, making friends with the people that you've been on these calls with, that you've been on with your mastermind teams, that you already know them when you walk in the room and people that you haven't met, because they've been on other mastermind teams.

You get to be on the shores of this place called Keauhou, and watch the sunsets that Susan and I have watched those evenings when we've been there before. I'm getting chills when I'm saying this to you right now.

There's something about being there and I call it Ocean's Edge, it, remember all the great poems and the great books that you've read? Do you remember how they make you feel. The great movies that you've watched that have touched you at the heart level?

That's how I feel when I'm in Hawaii, that's how people feel the moment that they get off the plane. As a matter of fact, when they look out the window, as they're going into the airport, they go, "Oh my God!" Because there's something about that place, that's why we're drawn there to do our seminars there so often and Sedona too.

There's something about that aquamarine water, there's something about that volcano.

Caller

It has higher energy.

Paul

It has palpable energy, it's a sacred spot on the planet. There's a few of them and those of you that study the ancient lands of Lemuria or the sacred sites of the planet, you know about Hawaii, at least unconsciously, you know, through the collective unconscious you know about it intuitively.

It's like Mount Shasta and Sedona and Egypt and there's a few places, like Machu Picchu, that have that energy and when you're there, you're skills are amplified, like I can feel it right now, as I'm speaking about it and that's different then the way I felt, let's say, earlier today.

When I think about Hawaii, I feel good. So when you have an experience of it, you can evoke that state again and there's so many PRM's, positive reinforced memories, that helps create in you and reinforce, ones that you already have, in other words, that you'll just be, incredible every time you think of it, every time you bring up a picture in your screen saver, that you've taken, once you've been there.

A friend of yours, that you met there, emails you or calls you up on the phone or sends you a little unexpected thing in the mail, that happens to many people who have been through our courses, by the way.

I don't want to over focus on Hawaii, but you can tell I'm pretty excited about it and I'm here in Chicago.

Caller
Paul?

Paul
Yes.

Kevin
Have you ever had anybody who's taken the Avatar course take your course?

Paul
Yes.

Kevin
What was their comparison like?

Paul
Well, the gentlemen doesn't like me to name his name, because he doesn't want that to get back to Avatar, for whatever reason, but he says, "It's the best course he's ever taken – (the "Secrets of Manifesting" Course) and he's been through both levels of Avatar, well all three levels of Avatar.

Kevin
Thank you.

Caller
What is the Avatar course?

Paul
It's....it's a long story. What it is, is just another course. It's just like any other course, I don't mean that literally, but there are many courses out there.

It's a good course, it's a very, very good course. There's a lot of things that these other courses help you do, but the cost of some of those courses, folks, and what's your first name sir?

Kevin

Kevin

Paul

Kevin, so Kevin, you know it's a very expensive course.

Kevin

Yes I do.

Paul

Yeah, when you get the entry level, that's one thing, but you've got to keep studying and those levels cost, significantly, thousands of dollars more.

Kevin

The whole course is about \$10,000 roughly.

Paul

Yeah. I'm not dissing any course. I don't think that anybody, if they do that, has your best interest in mind. I think that people who do that, they get tons of value for it. But that's an awful high price to pay, for what this gentlemen, Michael is his first name, "Honestly Paul, you put it together in ways in four weeks that I got, that I couldn't get when I spent that \$10,000." Wow, just blows me away. Knocked his socks off.

We've had a couple of people who've graduated from that course that their sense of what was possible, in a less expensive course. Someday we may expand this stuff, but I still don't think it's going to be \$5,000 or \$8,000 or \$10,000. I don't think you need to be quite at this level.

Caller

Paul?

Paul

What is your question?

Caller

Brain entrainment?

Paul

Yeah, but we're not working on Brain entrainment. That's a good question. Clear Mind works on a wholly different principal. I'm not focusing on brain waves. That's not what clear mind is about.

As a matter of fact, what we are taking about is **Heart waves** and **Spirit waves**, that's what I answered another gentlemen who just took our course, his name is Todd. He wanted to know, he wanted to get all the details about what technology we used and I said, "With all due respect, some of that is proprietary." The key is, is that our intent is way different than most meditative products, that it's not focusing in on the oscillation of your brain.

What we're more interested in is helping you align with your heart and your gut. **The heart waves**, as you will hear when Susan speaks, in week three, **are far more powerful than the brain's energy** and it's proven now.

So, we are on this brink folks, of finding out that the heart has so much more power, so much more wisdom, so much more understanding than the brain ever has or ever will have, because the heart isn't limited **because your heart is a channel of Spirit**.

Your mind, or your brain has its limitations, because it's a limited entity, so to speak. The mind is limited and so is the brain.

We're not going to work with those limitation, we're going to help you transcend those limitation through using heart energy and your spirit energy.

We don't get caught up in the technology of it.

Any other questions?

Okay. Our circuit is just about to close, any other last questions folks?

Joanne

No, thank you Paul, you're wonderful.

Paul

You're welcome. Is that Joanne?

Joanne

Yes.

Caller

Thank you.

Paul

You're welcome everybody.

So, watch your email boxes next week, we'll announce it, but in the meantime watch your email because I'll be sending some other documentation about the origin thought and some other things, about the polarized mind, to help you understand this stuff more, you know. And that you can talk about with your friends, whether you did the course or not, that we're helping to really make sense of this stuff, that's my mission.

So, thank all of you, thank you all from my heart.

Caller

Thank you.

Caller

Thank you Paul.

Caller

Mahalo.

Paul

Yes, yes, all of you, Mahalo from my heart, to all of you, Aloha Nui, which means we send you much love and *Mahalo Nui*, which means thank you very much.

May all of you have a wonderful evening, until we meet again, Ahui Ho.

Callers

Thank you. Bye, bye.

Paul

God Bless.

All the very best to you...

Paul Bauer

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