The Secrets of Essential Oils

By Paul Bauer
Welcome everyone to the hidden healing powers of Essential Oils. This is Paul Bauer and I welcome you to this inspiring, refreshing, and uplifting report. We'll be covering the deeper levels of healing properties of Essential Oils. I’ve been moved and inspired to create this report for some time, and even though I’ve done other kinds of reports, this one is specifically focused on the hidden powers of these beautiful gifts of the plant kingdom, Essential Oils.

Why did I create this this report?

First of all, it’s to help people become acquainted with these deeper healing energies through the oils. You’ll hear me mention frequently throughout this report, that when people use the oils only for physical properties, physical healing for example, or to focus on the oils only as a physical instrument, over 80 percent of the healing powers of the oils are missed. Let’s say that you’re good at the oils, let’s say that you’ve already been using the oils to some extent and you sense “There’s a feeling, an energy, to this oil, to the essence of the oil.”

Then there are levels beyond the physical - and we’ll go in to those levels as we proceed - so that you begin to have an intuitive understanding of how you can connect with these deeper levels so you can feel deeper inner peace, so you can feel the abundance flow naturally in your life, so you can feel love spontaneously within yourself and of course with anyone else in your life that you choose to experience that with. And of course, the radiant health that when your energy or Chi - like our program called Ener-Chi, when that flows appropriately, your Chi flows with inner grace and you have radiant health.
So, the reason I’ve created this report is to help people understand these deeper levels of the oils, that there’s many more levels than even people who have been experienced with the oils for many years are aware of because the oils keep teaching us at multi-dimensional levels, well beyond their physical healing properties.

A Series of “Initiations”

So first of all, how did I become interested in the oils, and number two, how did I get to even know some of these levels? First of all, I was introduced to the oils in a series of initiations so to speak.

Initiation 1

The first initiation was with a Chiropractor when I had a neck problem and he handed me an oil and I used that oil subsequently for days and weeks after that and the neck pain got to be much much better. Even though I knew nothing of the oils, I trusted that chiropractor, and assumed that it would work. (plus it smelled incredible!) I didn't know what questions to ask and received no training on how to really use it, so I moved on…

Initiation 2

Years later, my mom was in a critical care facility and we called in a team of healers to work with her to see if we could increase her energy, to help her to rebound from a very serious, massive stroke. Without my knowing consciously, one of the healing team members that we had come in offered to apply Essential Oils to my mom. It was one of the most sacred, Divine moments I’ve ever experienced in my life because these two people I had never known prior to that event treated my mom with such love and - I really can't describe the way I felt - how unconditional, how Divine the love that was in the room that day and I was really introduced, at a whole other level, to the oils. I could feel their vibration and their energy.

Again, no lessons on how to use them, and 3 more years went by…

Initiation 3

The third initiation was with my wife Susan when she had a very serious bout of cancer, and it was fourth stage, it was metastasized, etc., without
going into the drama of the whole story, it was certainly serious. We met a wise man who introduced us to the oils and their ability to clear emotional, energetic, karmic, all sorts of issues, and that was the day that really caught my attention. Something woke up in me.

“The Fourth Initiation”

The fourth initiation was with a gentleman by the name of Dr. David Stewart who you’ve probably heard of, he’s the author of *The Healing Oils of The Bible*, he is an absolutely wonderful, beautiful man who initiated myself and Susan into this new universe of healing oils at different kinds of levels and it wasn’t just language that I was taught by David, it was an invitation of energetic proportions.

“Only those who have been there can take you there”

There’s an old phrase that says, “Only those who have been there can take you there.” That’s why you want to study with someone who has worked at these levels that we’re now discussing and we’ll go into much greater depth in this session. The levels of these healing, pure, sacred oils are at levels that most human beings either a) do not feel, b) when they do feel it, it’s a little unfamiliar, or c) they may not feel as frequently as they could.

They may unconsciously not allow it or feel worthy of it. But, like any kind of intent, when you hold that intent for some time and you hold an oil in your hand, what happens is that the oil’s frequency expands and your field, the “Chi Field” as we call it, begins to expand as well.

What does it all mean?

So, let’s go into the essence of what does this all mean - the healing powers of the oils?

Essential Oils when they’re pure, *shift your entire energy field*, you don’t even need to necessarily open the bottle up and apply the oil to your skin - which we all have done, if you’ve been using the oils for any length of time -
in some cases, you begin to sense their energy **even before** you begin to open up the bottle.

We worked with two gentlemen, one of them is David Stewart, the other one is a man by the name of Greg Hitter, and both of them have had the experience when they’ve been holding conferences and when a person was in need of some support, they handed them a bottle of the oil, and without opening it, that person had a spontaneous healing at multiple levels. Emotionally for sure, *but also spiritually*, and then, of course, mentally. The rapid transformation of those individuals with just a **closed bottle** of oil taught everyone in that room that day, including both David Stewart and Greg Hitter in their own unique experiences - I’ve had similar experiences in my own life where I can just go up to the bottle of the oil and I can feel its presence, it’s like a **magnetic field**, they call them **Attractor Fields** in quantum physics, that you’re brought to the right oil through your intuition and through your body’s needs where there’s imbalances, or Chi blocks, or Chi stagnations.

**The Power of Surrender**

Just being in the presence of pure essential oils shifts your entire energy field **and that shift can happen in a matter of seconds** - it doesn’t take minutes or hours. Your ability to **allow that shift to occur** is the key. How open do you choose to be? How willing are you to surrender in the moment to be **fully present**?

It’s not easy for many of us - we’ve not been taught to be present - but the oils carry that **Presence** with a capital P and that Presence is the very thing all of us want **without knowing that we want it**. We want to live in the moment, **we want to be in that Presence**, we want to feel that eternalness, that God essence, that Creator, Source - pure Universal energy, or Chi - and when you feel it, all problems seem to de-exist, they just disappear, they dissolve - literally - within seconds. That’s a place that we deserve to be. That’s a place that it’s who we are deep down and the magic of pure Essential Oils is that they automatically speak to that knowing within us.
”Two Worlds”

There are two worlds that we as human beings can experience. One is the physical world, that’s about 20 percent of what is reality, (if even that much). But the deeper levels of the oils in this case, the deeper levels of intelligence awareness, is the 80 percent that you do not see, it’s the invisible, it’s the unknown.

“Chi Fields and Heart Fields”

Each of these Essential Oils, whether it be something so simple as peppermint, all the way up to sacred frankincense and beyond, all of them have a deeper healing level. Call them energy points, call them “Chi actualization points”. And when you experience them, they take you to places that the mind simply could not imagine, simply could not create on it’s own. And what happens is you then begin to enter what we call the “Heart Field,” it’s the Chi field of the Heart, it’s the energy field of your own unique Heart. So the two worlds are the physical world and the deeper levels - the invisible.

The beauty of pure Essential Oils is that they can take you to those deeper levels so you can clear the stuff that you can’t see that creates the stuff that you either end up seeing or feeling. By the time you end up seeing or feeling it, the energy has already been imbalanced. We’ll talk about how you can clear those imbalances as we go.

“Cause cannot be found in the physical.”
~ Dr. David Hawkins

The real key is to go beyond the physical. There’s an old quote by Dr. David Hawkins, author of Power Versus Force, and he states, “Cause cannot be found in the physical.” In other words, when you have a physical issue, whether that be a neck ache, a bowel blockage, a heart palpitation, something going on with your kidneys, or whatever system in your body - the cause is not at the physical level, the cause is at an energetic,
emotional level. That’s something very important to remember. Cause cannot be found in the physical. What this really means is, that if you’re having any physical issues, look deeper than what is presenting itself.

If it’s a blood pressure issue for example, it’s not the blood pressure that’s causing the blood problem, it’s whatever is fueling the blood, whatever nutrients you might be missing or taking in too much that is hard to digest or foods that just aren’t good or strong for your system. When you look deeper into the oils you will discover how they help us clear these imbalances at the physical level. And how they work even beyond the physical... they work at the multi-dimensional level, they go deeper. They go into the energetic level, they go into the emotional level and clear parts of your system you don’t even need to know about. Parts that you’re not even aware of, that can’t be measured, because of the energetic frequencies of these oils.

The Multi-Dimensional Properties of the Oils

Remember when the essential oils are pure they behold these multi-dimensional properties. Here’s a really wonderful phrase to remember, “The oils will take you as far as you want to go.” If you just wan’t a little bit of relief from an issue, whether that be something from a stress level, if you’ve got some pain, if you’ve got a little bit of a blockage here or there, you’ll be able to clear those things, especially when your intent is pure. We’ll talk about how powerful intent is and how to purify your intent with the assistance of the oils.

“The oils will take you as far as you want to go...”

When you access the oils at this level, you become multi-dimensional. In other words, when your intent begins to connect, fuse and intermingle with the intent of the oil (which is far higher than our normal human energy - far higher) you are in the multi-dimensional time and space. What some call the state of pure manifestation. If you think of the energy of the oils being like the rays of the sun, the warm, golden rays of the sun, that’s the Chi Field of the oils. The human level is what’s back down on earth, and let’s
say it’s not as high of a vibration, not to say that we cannot ascend to a higher level, but most human beings, fall down at the levels of the emotions during our given days. We get caught up in our drama, the stresses of the moment, the busy mind. We fall down into thoughts of “not enough,” and “need to do more,” and “gotta get all these things done,” and unless you are present, the more the lower energetics and emotions start coming into place and we often get stuck here.

It’s the strangest thing – you might’ve done a lot of work in your own life at the personal growth level and the spiritual level, and yet there are still times when the simplest triggers can just pull you right out of the moment if you’re honest with yourself.

Then right after that moment, you just think to yourself, “you know what, no problem”. Take a moment, have a smile, and just kind of laugh it off. It happens to all of us - even people who you think are ascended and monk-like or saint-like - they all make mistakes, because that’s part of being human. Make mistakes, learn, come back, and then ascend again. In other words, to awaken those inner multi-dimensional parts of all of us.

Transcending Limits

So the key to being multi-dimensional is you transcend limits. Limits don’t exist when you’ve lifted yourself up from those old energetic dis-empowering patterns of “not enough,” “fear,” “problems with boss,” or spouse, or children, or career, or “can’t get my energy going to do the project,” or whatever it might be. Whenever you feel on the inside of yourself other than peace use that as a reminder to transcend and connect with the energy of the pure essential oils. You start to transcend the limits of your old self when you connect with the energies of these oils - energies plural.

Polarities Dissolve Into Oneness

When you transcend limits, you dissolve what is known as polarities. Polarities are, by nature, the way we live our life. I’ll give you some examples of polarities: good and bad, light and dark, them and us, rich and poor, sick and well… we could go on and on giving you different kinds of
examples, but you get the point. Polarities are the things that for whatever reason we came here to earth to experience “the land of duality”. It’s not that you need one or the other, the two coexist and that’s a level of mastery. When you transcend limits by connecting with this deeper frequency and levels of the oils, you begin to notice that polarities dissolve. They dissolve into Oneness. So it’s not a question of can you prevent problems from happening, it’s that you begin to harness the energy of problems. Problems become opportunities for growth when you have Heart felt Intent. Polarities dissolve when you harness the energy of any problem with your Heart felt Intent.

Oils amplify the nature of your intent

So, next, let’s talk about Intent and Essential Oils. My little way of saying it is, “Essential Oils are energy and Intent amplifiers.” It’s something that I’ve shared in some of the courses that we’ve taught and in some of the personal sessions that I’ve done. When I first heard what oils could do from one of my mentors, David Stewart, he said that essentially what pure essential oils do is they pick up the nature of your Intent. So, if you pray with your oils, that’s Intent. But praying for something to not happen (or focusing on avoiding the problem) creates a polarity (and creates both your intent and its opposite). The key to setting your Intent is the feeling of it already being real - now.

“Essential Oils are energy and Intent amplifiers"

So, there’s something that is extraordinary about the oils in the way that they pick up and mirror whatever you are feeling and thinking. They’re not going to create negativity, what they will do is they will expand and amplify whatever your Intent is. The purer your Intent (when it comes from your Heart) the stronger your Intent. We could teach a whole course just on this. Just how to connect with the oils on the purest level and how after a while you begin to have a reciprocal relationship with the oil. The stronger you get with your Intent - and when I say strong, I mean pure - it helps purify your Intent yet again. I’m talking about a pure Intent from your Heart not your mind. When you connect your pure Intent with the essence of the oil, it purifies your Intent. Then you send your intent back to the oil - you begin to get the picture. It’s like climbing the rungs of a ladder side by side, one by one.
You get stronger as you climb up the ladder. It’s like a stair step machine, the kind where you use your arms and you climb up, back, up, and over again. Essential Oils also purify your Intent as we’ve discussed, especially when your Heart is open.

Here’s something we really need to talk about - the Heart is the inflection point, which I’m going to go into in a little bit. If you intend with your mind as you’re working with your oils, that’s one level but it is not a very strong or powerful one. It’s actually a very basic level. Because of the different levels of the oils that I’ll talk about in a little bit, they allow you to connect and expand at a different and higher frequency.

So, as you’re first beginning to work with an oil for a given issue, challenge, whatever you want to work with, you begin by tuning in. You set your Intent from your center - your Heart. Instead of ‘I want to push something away, I want to get rid of this,’ what you do is you clear and you go to the essence, to the end result - what is it that you want to experience?

What’s the feeling you want to have...?

Now you’re getting closer to Intent. Intent isn’t getting rid of something, it’s the feeling of already having the thing that you want. Now once you’re in that feeling state, what do you say to yourself? If you already have what you want, if you’ve already experienced the result of your intent, ask yourself - Where am I with my Intent fully realized? How am I feeling? What am I saying to myself? Now you’re getting very close. You’re getting real close to the “Oneness point”.

Knowings

Connecting with your feeling of already having what you want helps you get to the place that we call “Knowings.” What are “Knowings?” In essence, those are the things that are beyond the mind. They’re beyond your beliefs, they’re beyond your hoping or wishing or wanting something. They’re in a place where what you want already exists- yes. It’s a place where all the wise ones go or exist at, whatever you call the Ascended Masters, Saints, Divine level consciousness of beings - that’s the level that the oils are at. Remember the sunshine metaphor. Think of looking “up” when you work with the oils. Think of looking up from, lets say, where you feel the
challenges in your body which is usually in the gut, the solar plexus, etc., and you look up **through the Heart**. That’s a way of perceiving and working with the oils.

So, what are “Knowings?” They are essentially the ability for you to **remember** - there’s a key word - it’s to **remember who you are**, it’s to remember your Essence, it’s to reconnect with something that you already know on the inside, your divine human nature. So it’s **human and Divine** at the same time. It’s Heaven and Earth at the same time. The Hawaiians have a word that symbolizes this, it’s called *Lokahi* which means heaven on earth - **the two coexisting at the same time**, instead of waiting for it someday, **you experience it now**. **In this moment**, within your own Heart, within your own body, **listening to your own breath**.

Take a nice deep breath as you read this for example. Listen to your breath. Take an oil and open up the bottle and just breathe it in. And if only for a few moments you feel the Presence, with a capital P, the open sense, the unison, the Oneness of what that oil is, **the frequency at which it exists**.

**Knowings** help us break free of the limits of the mind, of our history, of our memory, of our old experiences, and live with abundance, radiant health, and inner peace. That’s what Knowings help you do, actually they take you **further** than “doing”, it’s a Knowing, it’s a state of Being. Knowings help you return to the essential soul, the essential core within you.

It’s not even about doing anything, it’s about letting go, it’s about surrendering, and what better way to surrender than with Essential Oils because they have no ego, they have no need to teach you anything. They’re there like the “Giving Tree”, if you remember the story as a child, that Giving Tree was cut down over and over and over again until it was just a stump.

The oils are the same way - they keep giving, they keep giving, they have that kind of Intelligence and that kind of love.
A phrase I think of often when I think of the oils is, “Oils reflect our Knowings.” *They'll take you as far as you want to go*, so depending where you are on a given day, in a given moment, depending on what challenge you are working with, or maybe you’re not working with a challenge, maybe you’re at the point where you’ve already had your clearing. We’ll talk about a thing called Harmonizing Oils™ a little bit later. Then the oils will expand your connection, they will expand your intelligence.

**The Chi of Essential Oils**

Let’s move on to the Chi of Essential Oils. This is one of my most favorite themes, and it’s something that we discovered when we were working with the oils one day. We were making a little kit that we wanted people to experience the oils and maybe they hadn’t ever had oils before, or they didn’t know how to connect with them, or whatever it might be. My partner Susan and I were working with this little kit and she took me through an experience, it was a learning process, and after we were done I was in this place, this state of Knowing that we’re talking about, and I felt it.

It was palpable and it was so peaceful, it was *so* peaceful, I remember to this day. It was one of the most - grounded isn’t the word for it, and maybe peaceful isn’t the word for it - it felt just so sweet and gentle and loving and I just felt like everything, *everything* was more than okay in life.

Every aspect of my life was more than okay, because of that experience. I looked at Susan one day and said, “You know, if people could have this experience they would know “*there’s Chi in these oils*,” and Susan looked at me and she said, “Oh - that’s it!”

The reason I said Chi at the time was because Susan had gone through a significant training that I also attended with several Chi Gong masters. We’ve been studying and teaching Chi Gong for over 15 years.
This training was a seminal training, this was one that just completely broke the mold and took it to whole new levels of expansion and understanding of the Chi. The feeling we had from the Chi, was a similar feeling to the feeling we had about these Essential Oils, and I went, “Oh my goodness, there’s Chi in these oils!” So we’ll be writing a book called the Chi of the Oils with Dr. David Stewart. It’s just like a Knowing- that’s where that came from. So, that gives you a little bit of an introduction into the Chi of the oils. I’ll go through the details now.

What is Chi? In essence, Chi translates roughly into vital energy in Chinese. It refers to the life force that flows through all plants, all animals, and all human beings. Chi is the bioelectricity or the energy in the body that makes us alive. If we didn’t have Chi, we would not exist. It’s also the life giving energy that permeates our universe.

There’s a lot of different elements of Chi, which we’ll save for another time, but the reason I’m bringing Chi up now is because, first of all, when your Chi is strong, you are strong. Your immune system is strong, you don’t get colds, you feel like you’re vital, like you’re creative. But when your Chi begins to weaken, when it begins to be imbalanced, when you feel what is called Chi Stagnation, what happens is you feel like your energy is almost leaking out. You don’t have that same clarity, focus, consistency. It’s just not there - the creative energies that you normally would have, even just your levels of patience for example, aren’t there. That’s when you know your Chi has either been blocked or it’s begun to drain.

Why is Chi so important in our lives? It’s because as you begin to understand how to work with the Chi, and of course, the Chi and the oils, you begin to understand that it is fantastic - the number one predictor of your health and longevity. So we understand what Chi is - it’s the life force energy, it flows through all of us, it flows through all living things. When the flow is blocked or when it stagnates, that’s when we begin to have experiences of pain, heartache, when problems begin to creep up in our lives - all sorts of problems by the way, it could be a problem with finances, or in your career, those are considered Chi issues whether you consider them and think of it that way or not, they are. It’s how you perceive the world.

One of the things that oils do when they’re pure* - they help us see the world differently because it clears the filters. Not just filters of the mind, but
also the ones that have been stored in our cells through our whole being, that’s called the cellular matrix of your body.

*Pure Essential Oils are not denatured or chemically altered. They are the pure essence of the plant life force.

**Blocked Chi and Chi stagnation**

As you begin to work with the Chi of the oils, what begins to happen is you free up these Chi blocks or Chi stagnations in your mind and in your body so you get clarity and focus and you get energy and all that creative juice you were used to as a kid, or you had with some regularity, starts coming back to you. No matter what the issue that you have had in your past. Your past doesn’t determine who you are, your past doesn’t determine what you are capable of, all your past is supposed to do is to teach you how to free yourself of the parts of the past that hold you back.

**Stagnant Chi and It’s Importance**

What is stagnant Chi? In essence, it is the state where Chi no longer flows smoothly or is imbalanced. Another way of saying what stagnant Chi is, is that it is blocked Chi, it doesn’t flow at the rate, at the speed, or in the dynamics, or in the balance that it used to flow.

Blocked Chi or stagnant Chi overtime begins to cause states of dis-ease in the body. In other words, it’s without ease, there is a lack of ease that begins to occur. Let’s say for example, stress is occurring in one’s life. If stress begins to build up on the inside, some Chi stagnations might turn into things like, let’s say for example, a neck ache or a little bit of a digestive issue. Now, if it’s temporary, that Chi stagnation you can tell, just kind of faded away. But over time, if that Chi continues to stagnate, what happens is the deeper level of the dis-ease begins to occur.

Since emotions begin to collect in respective organs and systems in our body, and there are specific emotions that are held in particular organs, then what happens is the organs are affected and the blood is af-
fected. That’s when real Chi stagnation begins to occur. Now, this takes a lot of stress. This takes a lot of resistance to life the way it is. The reason I say it that way is because one of the best definitions of Chi stagnation is essentially not allowing life to be the way it is. It’s almost like we’re trying to tell life- “I don’t want it that way, I want it to be my way.”

In other words, not accepting life itself, the way that it presents itself, is a form of resistance which then creates Chi stagnation.

When I read that in a wonderful book called Chi Stagnation, it just resonated with me, because whatever you resist, persists. It’s one of the toughest lessons for us as human beings. Your ability to just let go and accept whatever it is that appears in your life - doesn’t mean that you have to become it, it doesn’t mean that you have to agree with it, it’s just accepting it that is a level of mastery. You will clear any form of energy that stagnates in your body and in your mind especially whenever you can accept that which you don’t particularly agree with or don’t want in your life. If you can accept it, you ascend to a higher level.

“If you can accept it, you ascend to a higher level”

Let’s say it’s a little challenging for you to be in the moment and to accept something or to accept your own feelings about something - that’s where Essential Oils come in. The Chi of the oils, the sheer, pure energy and intent of the oils, can help you clear and balance any stagnant Chi that might occur in your mind or your body. How important this is in our own lives is in some ways beyond your ability to even comprehend. As Dr. Valerie Hunt, the author of a book called The Infinite Mind, has shown and proven that when you can detect energy imbalances or Chi imbalances in the mind or the body, you can literally prevent issues as far out as 20 to 30 years before they ever occur in the body. Think about that.

A way of picturing this would be - picture an aura photograph, whether you believe in them or not is not the issue, just picture the aura that surrounds a person’s body. When there are Chi imbalances or stagnations you can actually see those imbalances in the person’s Chi field, their auric field. That is so important to envision and to also understand.
If you took a picture of your own energetic field before and after doing an oil, you would be astounded. If you want to do a little experiment sometime, go to your local new age store that does aura photographs, take an oil with you - don’t hold it in your hand though - have them take a picture of your auric field, your Chi field before you ever use an oil, and the person will just take a picture of whatever’s going on in your life as of that moment. Then take out your essential oil, take a nice deep breathe, and within five minutes, you’ll see an absolute, instantaneous, massive shift in your energy field - that’s what we’re alluding to in the first part of this session.

That’s how powerful these oils are, and as we talked about with the intent section, the purer your intent is, the more powerful these oils can work with you. This is absolutely astounding - there’s no limits to where these oils can take you. It’s not that they’re taking you somewhere out there, they’re taking you deep in, within you.

The Seven Levels of The Oils

Next, let’s talk about what I call the seven levels, what we call the seven levels of healing energy of the oils. The essence is that they begin with the level of Initiation, they move all the way up through the Heart, and then finally to what’s called the Oneness level - where you are one with all of creation. Now, the reason why this is important is because when you begin to start feeling these levels of energy, of intent, and of the Chi of the oils, you begin to ascend and the levels of the issues that you were experiencing other than peace begin to dissolve.

Knowing how to work with these levels is one of the things that the Ener-Chi course is all about - it’s when you begin to have an intuitive, intimate experience with the oils. It’s when your mind doesn’t need to discriminate, it doesn’t need to try to judge or try to get the concepts of what the oils should be like and instead you have direct experience with these levels of
the oils. Now here’s what’s really cool - we’ve discovered this many many times - you can start with level one which is Initiation with any given oil and move on up through the other levels to the fourth levels which is the Heart level and all the way up to the Oneness level each time you use the oils.

**It’s not a one-time thing.**

*Every time that you use the oils, you’re in a different place* - your consciousness is different, the thoughts you were thinking prior to the moment you began to use the oils is different, the challenges of your day, all the things that occurred before you formed your intent were different than the day before. So whatever experience you had with the oils, with whatever different levels you ascended to or connected to, is different each day. So you don’t just ascend when you go to, lets say, Initiation up into the Heart and find an Oneness and you just stay there.

As we remember our human-ness and why we came here, we move *up and down* - there’s a *cyclic movement of ascension and back to beginners mind*, in other words back to Initiation. Each time, think of it this way, the Initiation occurs at a different level.

You’re initiated into a new level of the oil so it’s like *levels within levels*. Picture the shapes of a leaf and the shape of the tree that it’s within, that’s the kind of metaphor that would be suitable here.

“**Levels within levels”**

It’s levels *within* levels, and Initiation all the way up through Heart, all the way up through the Oneness and then you are into a cycle - a *cyclic, rhythmic movement* - moving up and down - but the trend is upward.

You look at the greater trend like a stock market for example, and you be-
gin to see that it is on the upward slope. Even though their are days when the price drops, the overall trend is up.

Your intent shifts *daily*, so the mirror-like properties of the oils also begin to shift.

They oils **mirror your intent and** they mirror your emotions. The higher your emotions go, the higher the frequency of the oils you will pick up and expand and experience.

"The Heart of the Oils"

So now let’s talk about the heart of the oils. This is something that my partner Susan Castle teaches in the Ener-Chi course in great detail and I wanted to share a little bit about it with you.

First of all, when I share the story that inspired this whole concept, this whole other level of consciousness that we experienced. I call it the Sandalwood story because we were in Hawaii in the place that Young Living’s farm is on the big island. It was a dream of mine to experience it. We were able to connect with the gentleman and the family that owns the farm, and we experienced this Sandalwood forest. The gentleman that runs that farm was sharing with us the qualities and the properties and the love of the land and what they call “Mana” which is the same as Chi. He shared with us that as far as the Sandalwood goes, the best oil is in what’s called the **Heartwood**.

Now, Susan my partner, is a Radiant Heart Therapist, and so whenever the Heart comes up, she’s always the first one who’s eyes gleam wide open and her ears kind of perk up. She really hears it at a different level when people start speaking in those terms. What we heard and felt and experienced that day took us to a different place and a different level when it came to the oils.
Deep within the tree - and by the way, as the Sandalwood tree is beginning to die off, it’s condensing, it’s bringing all of it’s energy deeper and deeper and deeper into the core of the tree, and that core is called the Heartwood. If you picture, if you can feel the essence of that, even though that tree is dying, what it looks like on the outside, all of its essence is pulling itself in, concentrating and combining into that core of the Heartwood. From that, what we learned was that each of the oils have their own Heart energy so to speak, and that’s why we’ve coined it “The Heart of the Oils.” It might be a flower, it might be a citrus fruit, like a bergamot or a lemon or an orange, but every one of them has their own Heart energy, their core frequency.

In terms of how you and I use them, it’s what we call the inflection point of the Heart when you begin to use your oils with your Heart’s intent, they mirror a completely different energy back to you. Suddenly you’re in a much more peaceful state, the moment you even think about using the oil, before you open up the bottle. You’re in a different place, your intent and the intent of the oil are at a level where as you begin to connect and feel and breathe - let’s say you haven’t even opened the oil yet - you’re One in that place. So the Heart is the inflection point, your heart is the place where dreams begin, not hopes, not desires - that’s stuff that the mind launches - but the Heart is what can envision and feel. It’s the one that can see more purely. It’s the part of you that Knows.

When your Heart connects to the Heart of the oils, now you’ve got a combination that is not only unstoppable, but at a level of peace and of intuitive connection that most people don’t experience and certainly not with frequency. That’s why the oils are in our lives.

The Hawaiian Kahuna and the Intelligence Of The Oils

Now, a quick story about what we call the intelligence of the oils and it’s even more than just intelligence. The story is about a wonderful man from Hawaii, this is a different gentleman and it has to do with the energy of the oils. We were sharing the oils with him one day - his name is Keahi - he’s a sage, some people call him a Kahuna. He does not call himself one, but in essence he’s like a shaman. When we shared one of the oils with him one day, I placed the oils in his hand and he began to bring his left hand up to his nose and he just breathed it in.
Well he stayed there for what felt like an eternity - **like an eternity** - it was well over ten minutes.

Susan and I looked at each other, thinking- should we tell him to drop his hand? - we didn’t need to do that of course. After a couple more minutes he lowered his hand, he had a tear in his eye, and he said, **“You didn’t tell me that these oils were like this Paul and Susan. You didn’t tell me this.”**

And we said, “Why, what is it you’re feeling?” And he said, **“Oh, this is incredible. This is something I don’t feel very often, this is not human, this is something that is a very high level, a very high intelligence.”**

And we’re like - you know when you’re a kid and you put your chin in your arms and you’re sitting there leaning on the edge of your seat - well that’s the way we were, like little kids at the time. And I said, “Well, continue Keahi,” And he said “Here, let me tune in again.” He brings his hand up to his nose again, he breathes in, stays there for what seemed like another 10 minutes, this time, more tears. He said,

**“Ah ah- there’s more, what these oils are about is family. They’re about connecting us, they’re about love. These are pure Paul and Susan, these are probably the purest thing that human beings can relate to that they can say that they can actually connect to at the same time yet it’s the most divine frequency that most human beings will ever feel.”**

That day was a game changer for us - **everything changed** from that point on. It was like when we met David Stewart. There’s certain sages who you meet on your path that just completely create what we call **the inflection point - everything changes from that point forward**. That is our hope for you as you’ve experience the oils at whatever level. Maybe you’ve already experienced that, there’s other levels of ascension after that that will take you as far as you want to go - remember that.
Let’s talk about finding your own personal clearing oils. In our Ener-Chi Program, there’s a really cool module we call the Clearing Module and it helps you find the right oils that you need most on the inside without even knowing it. In other words, the mind doesn’t understand what’s going on in the body because for most of us the two are not connected at any one time (especially when you’ve got a challenge). That’s the context - whenever you have a challenge there’s a Chi stagnation going on and there’s an emotion that’s connected to that that’s like a Chi level. When you determine what the emotion is, it can help you connect with the right kind of oil, and that’s what the Ener-Chi Program and the special thing we call the Ener-Chi Oil Discovery Guide helps you do. The real key is determining how you’re feeling, because the feeling will tell you where you’re at in that given moment with that given issue.

Some people either a) don’t want to go there, b) aren’t willing to stay there with the emotion, or c) just want to get it done and over with, but there’s another choice and that’s d) be present with the emotion, let the oil help you move through whatever the stagnation, blockage or stuckness that you might feel. Because of the energetic healing properties that are built into these oils through the PSM formula - purify, stop, and mend that Dr. David Stewart coined - that’s what the oils do inherently. Then you clear those emotions and you clear the issue automatically, spontaneously, and permanently, unless there’s a lesson that you need to learn from that issue and that would be the only reason it would come back. In which case you would go into your Heart with the assistance of the oils. You’ll not only clear the issue, but restore your own Knowings in relation to why you created the issue for yourself. Very, very powerful. That’s the premise of Clearing Oils.

The Power of Harmonizing Oils™

There’s another level beyond Clearing Oils and if we stopped right there, that is absolutely fantastic because when you use a Clearing Oils, you feel better, you feel clearer, you feel spontaneous, you’ve got your creativeness
back, you’ve got your energy back, your Chi. And you’re strong - your immune system responds to that very very favorably. Emotions run the system so to speak and **when you’re emotions are clear and calm and peaceful, so is the rest of your system**, your immune system responds to that, your Heart, your cardiovascular system, your blood flow, whatever it might be. All parts of us respond to the emotions that we feel on the inside. Let’s say you feel already clear. There’s something that Susan and I discovered when we were doing a Clearing Session for her many months back. We cleared some of the stuff that was bothering her consciously or unconsciously and I could tell that something still wasn’t right, but she didn’t need a “clearing” per say.

There was something that spoke to me, something in her and something in the oils and it said “**help her find her Harmonizing Oil**” and I said, “well this is interesting.” I didn’t speak that out loud, I just tuned in and I helped her find the right oil in that moment and when she found that oil you could tell within seconds that there something higher occurred because her eyes brightened, her face changed, a very gentle smile came to her and she said, “Now that’s better.” And I said, “Really?” And she said, “Oh yeah, I can feel that.” All the clearing had been done prior to that moment. That’s building the foundation for the house or for the building. That’s why the clearing process is so important.

**Harmonizing Oils™ and how they work**

The next step is the harmonizing process. In the Ener-Chi Program, when you go through the **Harmonizing Process** it does several things. One, it **strengthens your energy**, it also optimizes your energy and your Chi and it expands your awareness. Here’s the way I share it with people - when you’ve already gotten clear, you don’t need a clearing oil again at that point, that’s when you use a Harmonizing Oil and it’s different for every person, so when you use our Ener-Chi Program, what occurs is you go through your clearing process and then as time goes on, you discover what your harmonizing oil or oils are. Once you’ve got those oils, once you know them, it’s like an intuitive connection that we’ve alluded to earlier. Now you build that strength, that pathway, that connection with those Harmonizing Oils and if you ever have “**Slips of your magnificence**” - that’s a phrase that we learned many years from another Kahuna in Hawaii - whenever you have times when you forget
your Divine connection, all you do then is you just take out your Harmonizing Oil, breathe it in for a matter of seconds and you’ll feel that connection again. That is worth it’s weight in beyond whatever can be counted on this planet. That connection is Divine, that Divine energy in nature transcends all dualities, all challenges, and all problems.

Harmonizing Oils™ as an Anchor

Now, here’s something cool. There’s two reasons you use a harmonizing oil. **Number one**, is you anchor and you clear the state. You anchor the clear state that you already felt, you anchor it in. Let’s say if it was Frankincense for you for example, and you already used your clearing oil whatever it might’ve been, and the Frankincense now strengthens your system and anchors your system in. So whenever you smell Frankincense now, what’s going to happen? It’ll fire off triggers in your mind and in your body and with the receptor sites of your cells saying, “**Strength, strong.**” It will take nano seconds for that connection to occur. You just either keep it with you or you apply it several times throughout your day and you stay strong. Imagine how powerful that would be for you in your business life, in your relationship, with yourself or with you sweetheart, with your kids.

Imagine staying non-judgmental when it comes to your kids and the challenges they’re going through. Imagine when you're about to make your financial decisions, that you stay grounded in the midst of making that decision so there’s no win or lose, **there’s just clarity.** There’s no loss. You realize “**this is just part of an ongoing, evolving picture of my finances - I see the strength of the compounded growth, of the nature of my actions and my results.**”

That kind of energy, that kind of **Knowing.** Remember, when it comes to working with these oils, whether you do the clearing oils, whether you do the harmonizing oils, **the oils will take you as far as you’re willing to go.**

**Where do you go from here?**

After I discovered the power of the oils, and I knew they could help me in ways that even some of the most powerful clearing methods I ever discovered couldn't do, I set my intent to use them every day.
But one problem kept popping up…

*I wasn’t sure how to really use them* - given the feeling or issue that I ran into on a daily basis.

I had to go look them up and find what the clearing point was in the body, and what oil to use, and I’d have to form my intent, and it just took me a long time to do that. So I created the Healing Oils Course to simplify that.

**The Healing Powers of Essential Oils Course**

If you’re ready for major transformation in your life, and you’re ready to let go of whatever has been stopping you from being your True Self, The Healing Powers of Essential Oils Course will be the most powerful course you’ve ever taken.

What's in The Healing Powers of Essential Oils Course and what will it do for you?

**Here's just a short summary of what you'll learn:**

* How to experience Quantum breakthroughs and Peak States in your career, love life, workouts, meditation, etc

* How to experience deep emotional healing with pure oils (even if nothing has worked for you in the past)

* **Dramatically increase your Abundance skills** by tapping into the new Abundance Activation Process. (this new process will open your mind to creative ideas that will amaze you)

* How to **dissolve energy (Chi) blocks with ease**

* **How to find the purest oils** (with no chemical additives) to maximize your Chi and results

* **Dissolve stress in just minutes** with an oil made specifically for this purpose
* Learn the **deeper levels of the oils** so you can **experience longer lasting results** and expand your consciousness

* **Strengthen your Spiritual connection** with a special Oneness Meditation and Essential Oil

* **Boost your energy and clarity in just minutes** with a special kind of oil known for its Chi enhancing powers (with no side effects)

* **Get to the root of any physical challenge** you face and **clear it at the root level** once and for all

* **Discover the 5 most powerful oils for maximizing your wealth and abundance**

* How to guarantee you're buying the highest quality oils for you and your family

...and much more

**Watch your email for more on the course...**

**The Healing Powers of Essential Oils Course** is an **intimate experience** of the oils, and the intimate experience **within yourself**, and when those two connect, there are no limits.

That's what the word **Lokahi** is all about - heaven on earth, right now. In your Heart and in your mind, in oneness.

*So be it now, and so it is.*

*Aloha to you.*

Blessings,

Paul Bauer

DreamsAlive.com