

The Solution to Prosperity Reversal

The Hidden Cause of All
Money Issues

By Paul Bauer

Welcome to this Prosperity Reversal training...

What we're going to talk about in this report is the Prosperity Activation Process. If you've read anything about Prosperity Reversal, I call it **the hidden cause of all money and prosperity issues**. We're going to talk about in this report, and by the time you get finished with this you'll have clarity on a number of things...

Number one, what is Prosperity Reversal?

Who does it effect? How do you know if you have it? The proof that exists about it. Why it occurs in a person's life?

And then we're going to get into the clearing of it, an actual clearing process that's very simple, very powerful, though, that you can do anywhere, anytime. And we're going to talk about the five levels of Prosperity Reversal and how they occur. And then finally, we're going to do the Prosperity Activation Process.

So as we do any kind of exercise like this, we're going to tune in first...

Take a nice deep breath. If you want to close your eyes, place your hands on your Heart point, right there in the center of your chest, even if you don't know where the exact point is. Just take a nice deep breath. (Inhale.) As you do this, you're connecting your Divine nature and your human nature together at that center point, right there at your Heart point. You bridge the human and the Divine when you touch there and you breathe in deeply. So you automatically bring in Mother Earth's energy through your feet, all the way into your Heart. And then you also bring in the energy of Father Sky, the Universe, Source, Creator, energy down through the top of your head into your Heart. And then let a smile come to your lips. Just feel that feeling, that essence. (Inhale.) (Exhale.)

So if you haven't already heard, before you opened your eyes, the information about Prosperity Reversal, we're going to go through that. But as you tune into this feeling, know that this place is your essence. This place where you're connected in your center, in your Heart, the house of your soul, the center of your Divine humanness. This is who you really are. This is your essence. And as you open your eyes, we're going to talk about what Prosperity Reversal is first and then we're going to talk about the other pieces, how do you know if you have it, why it occurs, etcetera, as we go.

So first of all, what is Prosperity Reversal? I humbly state that what you're about to learn can transform your entire life. What we're going to talk about in this audio is a discovery that can affect not only just your ability to earn more or how to get ahead, but how to free yourself from the trap that many find themselves in regarding money and prosperity. You'll learn about a breakthrough discovery called Prosperity Reversal, what I call the

hidden cause of all money issues and how it effects your every day thoughts and your every day feelings.

There's an old saying that says once you discover the true nature of a problem, solving it is simple. The reason for that is because as you tune into the clarity of something, you look for the hidden meaning behind all events as da Vinci once taught. Suddenly you begin to simply what was once a complex or a chaotic issue or problem in your life.

If you've had challenges with earning more, erasing debt with no success, or even if you have the nagging feeling of what I call the "not enough effect", where no matter what you do, things just don't seem to be enough or how you feel on the inside, you will love what you'll learn in this audio.

So kind of a cool story, a metaphor that helps people understand what Prosperity Reversal is all about goes like this. Have you ever tried putting a battery in your digital camera or your flashlight and it didn't work at first? And yet just minutes later you figured out that the batteries were in backwards. It happens to many of us, but have you ever considered how that same principle works whenever you try to make money or try to create something in your life? Now it could be even regarding things other than money and yet there's still a thing called a reversal.

If you've ever struggled to get ahead, but for some strange reason, you seem to sabotage yourself, you're not alone. And this feeling of somehow things don't work no matter how you focus, no matter what energy you place forward is pervasive. It affects over 40% of our population. They all have that same experience and that's called Prosperity Reversal.

So what is it? In short, Prosperity Reversal means that there is an unconscious block that literally reverses the flow of abundance and energy in your life and in your body. In other words, no matter what you do, abundance still eludes you for some reason. Even the smartest, most resourceful people can have Prosperity Reversal. It doesn't play favorites, but you know you have it if you feel stuck and if you've tried literally everything to get things going in your finances or your prosperity consciousness.

Prosperity Reversal is based on years of research by several leading doctors and researchers in the human development field. Back in 1980, one of the top American psychologists, Dr. Roger Callahan, invented treatment for psychological problems called Thought Field Therapy, or TFT for short. TFT works like acupuncture by stimulating the body's energy meridians and no needles or necessary. The year before Dr. Callahan invented TFT, he made a curious discovery. He knew that about 40% of his patients were very hard to treat. Eventually, he realized that they were suffering from a condition which he termed psychological reversal, in which the electrical polarity, the body's energy meridian system, is reversed. While in this reversed state, many treatments, not just TFT, were ineffective.

A good analogy is that flashlight example that we've talked about. You put the batteries in the wrong way and what happens? Nothing. Callahan discovered a fascinating aspect of nature that had never been recorded before. So what are the features? What are the conditions of the psychological reversal state? Every person in the world goes into psychological reversal from time to time. It's a universal experience. The key signs of the PR state are quite interesting, namely a reversal of concepts. People will say left when they mean right or vice versa, or when they type two letters in a word the wrong way around. I do that frequently on my computer. Interestingly, this reversal of concepts is always 180-degree shift, so people will say north when they really mean south.

Another curious feature of these PR induced mistakes is that people literally have no conscious awareness of the error, of the mistake. So PR can also be very specific. For example, a person can be reversed while thinking about computers. For example, like I have a mental block about computers, but not reversed about other areas of their life. Some people have what's known as a massive reversal, in which they're reversed while thinking about most areas of their life. Such individuals are characterized by negative and self-sabotaging moods and are prone to procrastination and behaviors that some people call self-destructive.

Psychological reversal can have very serious implications. For example, there have been a number of air crashes in which a pilot, faced with an engine failure in a twin engine aircraft, shut down the good engine by mistake. One can imagine the horrendous implications if an air traffic controller was reversed and told a pilot to go up when he meant to say down. There's also evidence that PR can prevent healing. For some decades, orthopedic surgeons have known that some bone fractures refuse to heal and, in some cases, the healing can be stimulating by applying an electrical current across the site of the fracture. Undoubtedly, this works by correcting the reversal of electrical polarity caused by the PR state, the psychological reversal state.

So who does it affect?

Literally, it effects people of all kinds. It plays no favorites. The smartest, the most resourceful people, most educated can be effected by psychological reversal. And in this case, specifically Prosperity Reversal. So how do you know if you have it? So let's just go over the basics of the signs and the symptoms of Prosperity Reversal.

If you try to earn more and you try to move ahead for some reason and things seem to stagnate no matter what you do, that is a classic definition of Prosperity Reversal. If they get worse even, it's a more massive reversal of that kind. When you try to focus or write or move forward or innovate or come up with creative ideas for your company, for your family, for yourself, for something at work, and you can't seem to come up with any clarity or focus, that's another example of a reversal.

Some people experience when they move two steps forward, that what happens is they jump back and not just one or two steps. Sometimes they fall back two or three or four steps. The worst case of Prosperity Reversal is that after you try things for an extended period of time, you just kind of like give up. You get into states of apathy potentially. Apathy may set in. And sometimes what people say to themselves is, "Well, that didn't work, so why should I even try?"

This explains why so many people don't follow their passions and their dreams, because their dreams have withered on the vine and died many, many times before. So instead of persevering and moving forward and letting the negative inspire them, which is an art, instead they let apathy set in. And they stop dreaming the big dreams and they settle for mediocrity.

So now we'll talk about the scientific proof of Prosperity Reversal and I'll give you kind of like a short written version. Back in the mid-80s when Callahan was doing his work, he had a device that was commonly available at the time called a HRV test and HRV stands for Heart rate variability. What HRV tests can do is test the literal space between your Heartbeats. And the reason why HRV is so important is it is one of these single greatest determinants of our longevity and our health. So in other words, in between each beat is energy that before was previously not measurable, but now it is with an HRV test. If you wanted to find out the degree of your health, just how healthy those beats are of your Heart and maybe more importantly, the space between those beats, all you would need to do is get an HRV test.

Now for some, it's very difficult to find one. They may be expensive. They may be hard to find. In this case, what we're going to talk about is how you can work within a structure of what we call the matrix, and find some states of peace and calm. So you reverse the reversal so to speak. So instead of having Prosperity Reversal, you end up having prosperity alignment and you activate your prosperity consciousness. And after a while, your huni, in other words your subconscious and your Heart of self work in concert with your conscious mind and you're able to focus. You're able to move your energy forward congruently in alignment.

So after studying HRV and finding out that his patients exhibited this non-congruent pattern in their HRV tests, Callahan decided that there are other ways to work and other ways to shift the energies. Some of them worked, some of them didn't. The biggest shift, though, was a shift from the Heart to the mind that most people suffered from. In this case, the shift is from the mind back into the Heart. So what we're really talking about is the Heart mind polarity. Your Heart and your mind are really not polarized. They're really not separate, but we've been led to believe the lie that they are separate in our culture, in our Western culture.

The Chinese have a word for the Heart and the mind. They're not separate. The word is Xin. I pronounce it *Zhin*. Someone recently told me it's pronounced "sheen". So if you can spell out the letter X-i-n. That symbolizes Heart/Mind in Chinese. The essence of who you are, as we discussed earlier, is your Heart/Mind. That's who you are - aligned.

That's what clears reversals. In terms of the proof that shows how these things work on the inside, *all we really need to know is how we feel.* So your own personal proof is the most important thing. All you really have to do is tune in and see how you feel. You know when you're stuck. You know when your energy is not flowing. Those are the signs that you've got reversals.

So the best thing to do is to tune in and as we talk about how to clear these reversals, you'll get a clear idea on how, number one, to tune in and feel your feelings, which for most people, that alone could clear the reversal. Number two is begin to work with your other than conscious parts and your higher self together in such a way that the Divine and the subconscious and unconscious parts begin to feel like they're integrated. And then three, you notice the difference. You notice the shift in your life.

Why does Prosperity Reversal resist normal clearing methods?

There's a lot of reasons, but the core reason would be that for some reason, unconsciously, we're holding on to an old pattern. We hold on to what's called the island of the known. So the island of the known means that's your comfort zone. That's where you normally operate. That's where you hang out with your energy system. That's where things are normally. And these patterns are ingrained. They're ingrained from a very deep pattern. They're ingrained from a very long time and it began at a very young age. They began before age seven. They happened in what's called a theta state. Theta is a brain wave state, but it's more than just brain waves. It's an energy state when you're young.

So before age seven, you've got energy that's wide open. If you can picture the waves of an ocean and I mean big waves, that's what a theta wave looks like. It's big. It's tall and it's also wide. And those wide waves allow energy, information, beliefs from your parents, your caregivers, your friends to enter when you least expect it and you don't have emotional blocks so to speak or coping mechanisms to deal with those energy waves. So they get in.

Now the ones that get in are based on either old beliefs from your parents, from your ancestors even. Some of those are carried down genetically, but the other ones are carried on through the family stories, ones of there's not enough, there'll never be enough to go around. You'll have to work your tail off and until you do, maybe there won't be enough for the rest of us. And all the other belief systems that are distilled are instilled in our family belief systems. So why Prosperity Reversal resists normal clearing methods is due primarily to these patterns that are set in so deeply that without checking in with the part that's holding on, that part says, "You know what? No way."

Because we have to remember that the way these parts have been created are literally based much deeper than beliefs, much deeper than even conditions, and even deeper than identity. They're at the karma level, which we'll talk about as we go.

Some people made vows in previous lives or at the soul level that I will never let this happen ever again. And it might have been in relation to things about prosperity, abundance or money. So in this lifetime, we go through the struggles, no matter what clearing methods you try, and they seem not go away, because you're working at just the surface level or just at the belief level, let's say. And instead, the real issue is being held at a much, much deeper level, which is out of the range of our normal methods and our normal consciousness.

Now here's something very important to state and to stress. These old patterns were created with positive intent. They helped you survive. They helped protect you. They helped keep you safe at a very young age. So these parts that took good care of you back then, that saved you, that prevented you from being hurt emotionally or otherwise, after that point, are literally brilliant parts. They're far more brilliant than the testing that we have to test their emotional or their Divine intelligence, because they're really Divine parts of you. They're not old problems. They're very Divine parts of you that you haven't yet been able to access or make sense of what their real intent is and their real intent is of love for you. It's to keep you safe. It's to keep you from being ever hurt again or ever traumatized.

And that's something that's so important to remember. So whenever you feel a block, whenever you feel stuck in your life, whenever you've used all your conscious effort to move forward and nothing's moving, it's because a part of you is holding on for some reason. The more that you learn and understand how to embrace that part, give it the very love that you would give to your child, your puppy, your sweetheart or to what you call God, Source, Creator. *When those parts feel that, **that's when they begin to integrate** and reversals clear almost spontaneously.*

So this "Love Energy" is a major component and yet when the love's not there, the normal clearing methods will not work. It's like using a key without the right pattern on that key. You can fit it in the door. It's made for that kind of lock, but it's not specific to it and **what's missing is Love.**

How to Clear Prosperity Reversal

So let's talk about how to clear Prosperity Reversal. We'll just go right into a very simple and yet very powerful clearing method that when you use this, it helps you clear it in the moment. And then as you progress throughout your day, you can remember how you feel and practice the method, let's say, a little bit more and you'll find after a while, it'll be an automatic process for you.

So here's how it works...

Close your eyes and take a nice deep breath. We're going to tune into Mother Earth now. So as you take another nice deep slow cleansing breath, imagine that you're placing your hands down on Mother Earth, that you're touching a beautiful green lawn or the moss of a forest. (Inhale.) (Exhale.) Just connect to that energy. Let Mother Earth's energy connect with you. Breathe with her and she breathes with you. As you breathe in, bring this energy now up and into your body. (Exhale.) And let that Divine flow, like almost like a cool breeze, run through your energy system.

The second step, take a nice deep breath and place your fingertips on your Heart, connect with your Heart's energy now. (Exhale.) And with your eyes still close, let your eyes rise up and connect with the Divine. As you continue to breathe, connecting with the Divine, you see white light or at least you feel it some way. As you connect with this white light, let it continue to ascent. Let your energy, your intent, continue to ascend. You're connected to your higher self now and to the Divine, the infinite source creator.

Now as you take another nice, slow deep cleansing breath, let this energy now descend back into your body. Let it nestle into your Heart with another nice, deep cleansing slow breath. (Exhale.) Let this energy now move throughout your body all the way down to your toes, all the way up to the top of your head, and let it move through your brain, through all the neurons, through all the neural pathways, from the side of your brain to the other side, from the front to the back, as you continue to breathe. From the top to the bottom. If it helps, you say this phrase. My mind is now in the service of my Heart.

As you continue to feel this feeling, let a smile come to your face knowing that this your Infinite connection. This is your Higher Self. This is your conscious self and this is your Uni, in other words, your subconscious. And all the other unconscious parts, they're all aligned right now. You now have permission to just be present. This is *Pure Intent* that you're now experiencing. Pure intent is of Divine nature. Pure Intent is the nature of who you are. ***Your creation is done already*** when you connect at this level.

So that's the simple process. And before you open your eyes, just get a feeling of what this is like for you as a *reference point* that when you return here, it's this *Essence* and even greater.

So you take another nice, deep slow cleansing breath with your fingertip still on your Heart Point and let that smile come to your lips again knowing that this is your Divine center. And all you've got to do to return to this state is breathe, connect to your Heart, feel the connection to the Earth and to the Divine above your head, and you *collapse the wave*, so to speak, from all the noise in the world, all the gyrations of the restless mind into a centered presence deep within your Heart, the sacred center of your Heart.

So when you're ready, you can open your eyes and take a nice deep breath and just notice how you're feeling differently right now. Just notice that shift. Notice the subtleties. These are the tones of reality as the old sage Neville once taught. Even if it's just a subtle shift in the way you feel, that is enough. You let yourself walk around now in this feeling state. You move your body now. As you're listening to this, you can get up and stretch. Move your body in this new level of presence, this new feeling. It may not be completely new, but it's a renewed state that all of us deserve to feel and to be.

That's the simple way to clear Prosperity Reversal. You can use this in your every day life. Let's say you go to pay bills, let's say that you're about to think of how to do something in your work, your career, your job, and some of the energy just doesn't quite feel quite right. Just take a nice deep breath. You just close your eyes for a second, touch your Heart point, move the energies from the earth and the universal intelligence above your head, the Divine, into your Heart space and you collapse the wave, so to speak. Sometimes people enjoy putting their fingertips on their Heart point. Other times, people would prefer taking their hands, you know, almost like they're going to sing.

If you've ever seen a singer and they place both hands on their Heart before they start singing, and if that works for you, if that's Pono, in other words if that feels good, then of course do that. The specifics aren't nearly as important as your intent as you do this process. Some people say they can't connect to Father Sky, you know, the Divine. That's because at some level, you don't want to. And so what you do is you just kind of notice that and you go, "Okay. Interesting. A part of me may not want to." So you take a nice deep breath and you align with that part and you say thank you to that part. Just bless it. That's really what this process is about is honoring the parts that feel not honored and maybe have never been honored throughout your lifetimes.

So I say lifetimes with an "s" on the end. It's a plural. Maybe in more than one life, you've had the challenges with flow. You reach certain points in your life where you feel the fear and you don't know what to do, where you feel stuck and you don't know what to do. I call those "fear points". Maybe you don't use the word fear. Maybe you're fearful of using the word fear. The key here is to identify and make sense of it, and really be honest with yourself. The more honest you are, the *more leverage you get on yourself*.

What is Leverage and Why Is It So Important?

And what leverage means is that you can look at your self and your patterns with just objectivity with no skin in the game. In other words, you don't judge yourself. Judgment ceases in this state. Even if you begin to enter it, there's a realm here. There's an energy field of when you do this prosperity clearing process. In this state, you begin to open up energies within you that your conscious mind doesn't fully understand.

So we're accessing Divine parts of you when we do this. It may look incredibly simple that it's just four steps, but don't be deceived by its simplicity, because it should be

simple in order for you to just do it automatically, second nature. So let's run through those four steps again.

Number one, you connect to Mother Earth. You ground and connect. You clear literally the negative frequencies the moment you do that. Even if you can't get out to, let's say, where nature is and put your feet on a lawn or out in a forest or let's say an ocean, your intent is the key. With your ability to enter into deep imaginal states, it's simple to just breathe yourself right into that state from pure intent coming from your Heart, not your mind.

You'll know when you're using your mind if you feel like you're getting stuck in the process, like it's not happening. So then it gets into a loop. You begin to doubt yourself. The process may not work. The process may not work again. And then you begin to doubt yourself for the process and then it ends up just kind of fishtailing. Instead, notice that, honor that, take a deep breath into it, smile, and touch your Heart. And love that part, because as you do, it just relaxes and let's go. That kind of intent sells literally every problem in our lives. So step one again, you ground and you connect.

Step two is you can connect with your Heart and you breathe. You take a nice deep breathe. You feel the essence of the sacred center of your Heart. Not just the physical Heart. We're talking about the energetic Divine Heart within you.

Step three, you connect with the Divine. Above your head, with your eyes closed, you connect with the white light above your head. The reason why we picture white light is because the infinite has that kind of beautiful white energy so to speak. Some people see shades of blue and pink. It's not as important what the color of it is as the intent that you hold.

Number four is you bring it down, that energy, that Divine energy, **and then you breathe.** You let it descend into your body. You let it wash through you like a fragrance, like a beautiful breeze that comes off an ocean or off of a mountain or from a forest. You let that energy move through you. You become transparent to it, so to speak, and you let go. You dis-identify with the old stuff. You begin to remember your Divineness, in other words.

So before we do the Prosperity Activation Process, I'm going to discuss the five levels of Prosperity Reversal. So let's say for example that you do this process and then you go to work or you go to earn, you know, something significant. You go to create something. Whatever it is that you want to do in your life and you still feel reversal. That begins to tell you that the reversal's a little bit deeper and you just have to pay attention to it and stay with it a little bit longer. It's going to honor your intent as you do it. Some people give up maybe only after trying it three or four times, but I urge you and I encourage you to practice this, because it works. This will solve the issue in your life as you decide to stay with it.

The first level of Prosperity Reversal is beliefs and beliefs are pretty simple stuff. In other words, it doesn't take much to create a belief or to discrete a belief, and I'm not talking about core beliefs by themselves. I'm just talking about beliefs in general. At the level of beliefs, they're almost as simple and as evanescent as a thought. So thoughts are real simple to clear. Beliefs are the first essential level of Prosperity Reversal. So let's say you've got like a money challenge. If you think to yourself, well, the economy's bad. That's a belief. It's easy to clear that belief. In other words, I'm going to tune in and I'm going to transcend the issue of economy being good and bad. I'm going to touch my Heart point. (Inhale.) (Exhale.) And you clear. It's like an old tape that keeps playing your mind. The economy's bad. The economy's bad. What if you could clear that tape? That's a belief and those are easy to clear.

And then the next level of Prosperity Reversal is a habit. Let's say you've got this habitual tendency of not wanting to do an exercise or thinking that life is bad or, you know, you keep doing things the same way. You can't get yourself out of those ways of doing things. Those are habits. So habits are a little harder to break depending on the leverage you have on yourself and depending on the intent that you use. Let's say the habit is as you move through your every day life that you notice that you don't have the energy throughout your day and the reason why is you begin to be objective and you get some leverage on yourself. You realize that, well, you don't move very much. You're not practicing the energy movements that you used to do and you don't have, let's say, a yoga or a tai chi or a chi gong practice in your life.

So instead, you start going, "Interesting. Well, I'm going to get up and stretch today. I'm going to move differently. I'm going to move some purified water." Not tap water, because tap water has plenty of toxins in it. If you don't drink some kind of purified water through a filter or some form of high level bottled water, which is the secondary thing after filtered water, then I would suggest highly that you do that, because if you feel stagnant in any way, remember that you are 70% water. You need six to eight glasses of fresh water a day, fresh, purified water.

That's Essence. You're drinking pure essence every drink of water that you have. If you don't drink that much water, then you're chronically dehydrated, especially if you only have two to four which is the average that most people drink. If you drink coffee, it takes twice as much water to dilute the coffee and the acidity that the coffee creates in your system. So coffee is not a great idea and, of course, the caffeine doesn't help either, because it throws off your adrenal glands and some people wonder why they're nervous and why their energy field is off. It's because of sometimes just their coffee intake. So we can save that for some other time to talk about issues of health, but that's a very, very important part.

So habits are very, very hard to break for most people. It depends on the habit and it depends on the leverage that you have on yourself. So if you have this habitual tendency towards thinking that life's not really an abundant thing, then write that down, because you'll get a sense of, "Oh, that's interesting, I have that thought". And two, you begin to get leverage on yourself so when you do the prosperity clearing process, that

you can tune in on the thought and the energy of it and that you do this simple four steps and then you can clear it. Even if the mind doubts that it can be cleared that simply and that's okay.

The next level that Prosperity Reversal exists at are conditions. Conditions are those “meta” belief systems and meta habits that exist that you don't even know are there. Let's say that you've decided that you're going to do a certain thing in life, and then you limit yourself to that for your career. Let's say that in your career that you've limited yourself to a certain way of doing it. You know that you didn't want to go up the tree too much, because you thought going up in the management structure is not a good thing. You would lose your “art”. All those things are conditions and conditions are such high level combinations of beliefs and habits and thought streams that because they go unnoticed and unquestioned, they are really the meta constructs. Meta meaning above our normal way of thinking.

So if you want to find out what the conditions are in your life that are bringing things about, first of all, look at the symptoms in your life. Look what's going on in your life. So if what's happening isn't Pono, if it's not pure, if it's not that which makes you feel calm or peaceful. And that's telling you something on the inside and there's conditions that support those and you can find out those conditions by practicing, by tuning in and by noticing, “*Oh, that's interesting. Yeah, I never noticed it like that before. Look at the way that I said that life is. Look at the way I run my life and these systems*”, so to speak.

A condition is like a system. So another definition of a condition is *what automatically brings about the attainment of something*. What automatically brings it into existence? That's one way to consider what a condition is.

So there's another level of clearing Prosperity Reversal and that's Identity. In other words, the “I Am”. Quite often as human beings, we don't question how we say things, but the marker of an advanced consciousness of someone with a higher intelligence is they mean what they say and they say what they mean. So if you say, “I am” and then whatever you follow it up with, it's true. And you also attach to it. You're “fused” to that state, so to speak. It's not an easy thing for most people to interpret or notice, but I know that you're committed and I know that you're inspired and I know you're looking to do this *shift from your mind to your Heart*, so making sense of these identities for you is going to be easier than for most people, because you've got that level of commitment.

So identity is whatever you identify with, you become. You literally think you're it. You're looking at something for long periods of time and for a while, you become it. If you think of any example, think of like being at an ocean sunset. If you stare into that beautiful ocean and that sun as it descends, as it begins to move towards the horizon, you begin to identify with peace and light and joy and **that's an identity**. You have an identity of being peaceful, which is really cool if you think about it that way. You also have an identity of being angry, an identity of the way you treat yourself when things don't work, when things get stuck. **All those are identity levels.** The way to find out what's going

on at the identity level is notice what you say to yourself relative to major issues, especially in this context of prosperity and abundance. What do you say to yourself about money? I am or I have.

Think about it right now.

Write down a couple statements...

What do you feel, not just believe, but what do you feel about money or prosperity or abundance? What is the I am?

Write down the words I am and then a space and then feel in the blank relative to money. And breathe into it.

I am _____

Think with your Heart now. *Let your Heart feel it* and think it through rather than let your mind parsing it out and analyzing it. You're going to notice that there's some identity issues that may surface just by tuning in at this very simplified level.

And then finally, there's karma that prevents us from clearing Prosperity Reversal, at least the normal person. Karmic issues or past life issues are issues and agreements, meta agreements even, that we made at a very deep level prior to us coming here into this life form. Whether you believe in past life forms or not isn't important. You can consider it a multiple self so to speak. A part of you that's split and believed in the trauma that happened in that life level, and in that life level or that lifetime, something happened that was so traumatic you made a vow and you made a very deep vow that *"I will never let this ever happen again to me, to other people, to humanity at some level.*

And those are extreme levels of leverage, in other words, *focused intent and energy* that if we were to try to count or measure that energy, *it's off the charts.* It's at such a high level that most humans don't know they have that capacity and that level of intent.

You might have wanted to protect your family. You might have seen terrible destruction. You might have seen something happen or heard something happen that you just said to yourself this is an absolute break in the covenant, in the agreement that we came here as humans to do. And then you made a decision on the inside, *"I will never let this happen again"* before you passed on. And then you brought that into your soul karma.

So we can go into longer discussions of karma, but that's the essence of it. Whatever you bring into this lifetime is karma. There's good karma and then there's bad karma. The bad karma is when you know what it feels like. You know when you're stuck. There's massive reversals involved with karmic issues. You go to move forward and no matter what you do, no matter what clearing technique that you've ever tried and it doesn't work, it's probably a karmic issue.

In other words, if you've gone through let's say five or 10 years of studies and personal sessions with people and techniques and programs and nothing's moved, it's because it's a karmic issue. Can those easily be cleared? It depends on your level of intent and the leverage you have on yourself. For years, there were some big issues in my life that I did my best, but I didn't know a method like this to clear the process. And I didn't know that my unconscious intent was literally trying to get rid of the pain, the problem and the energy, so I was literally pushing away the energy that I was looking to reclaim. Now think about that. That's why we have reversals. We unconsciously push away that which is how we're feeling in the moment. That's the present moment. The language I often hear our clients and customers say is "I want to get rid of this. I want it to end." **And that "getting rid of" intent creates *more* of it.**

That's an identity level issue. You can write that down as an example of identity. "*I want to get rid of this.*" You want to get rid of it, because you know it's you and you can't stand that part of you at some level. It creates a stuck state of your energy field. It creates simple reversals and it probably creates massive reversals for you. So the key is to step back and notice what's going on in your life.

Do the four step process.

1. Ground and connect.
2. Connect with your Heart and breathe.
3. Connect with the Divine above.
4. And bring it down and breathe again.

And then what you're going to start noticing is your Heart starts leading you in new directions. It starts bringing you into new opportunities and possibilities that you have never dreamed of, certainly not with your conscious mind, because the conscious mind is the island of the known. So those are the five levels of Prosperity Reversal.

The Prosperity Activation Process

Now we're going to go through the Prosperity Activation Process. What this process will do for you is it will take what you've done in the clearing process and it will move up the energy. It will "amp it up" so to speak. It will expand what you think is possible, so you can rely on these two processes to open up your energy, to clear whatever reversals that might be there known or unknown and then tune in and open up the possibilities, not just of your mind, but to the other parts of you that are supporting you right now, whether you think they are or not. They're actually working for your best interest. *They have positive intent*, even though it may not seem that way, no matter how bad the results are in your life.

The Prosperity Activation Process

1. Clear (See Clearing Process)
2. Set intent from your Heart
3. Rise up & Connect with High Self & Divine
4. Breathe and let go
5. Bless your intent & feel grateful

1. The first step of the Prosperity Activation Process is to clear and you'll do the clearing process that we discussed before. So here's what we'll do as we do this process. There's a thing called a *macro*. Just like when you're on your computer and you hit a keystroke and let's say a browser opens up and it takes you to your favorite website. That's a macro. You hit a mouse click like twice and then something shows up. In this case, what we'll do, after you've practiced the clearing process, let's say five or 10 times, *you know how to do it*. You have the *reference point* of what it feels like to be in your Heart and the mind lets go. And the wave collapses. So you start feeling better and you notice that's a good feeling. Okay, so that's a reference point and it's your Divine self that knows it.

So step one of the Prosperity Activation Process is all you've got to do is think and feel the clearing process that we've already practiced. Now, that might be touching your Heart point that collapses the wave so to speak. And by collapse the wave, what we mean is it's a quantum physics term that takes all the chaotic energies that are floating around in your consciousness and it lets them all go and you're left with one **singular point, one focused point of energy, of clarity, of oneness**. That's what collapsing the wave means. So number one is to just say clear and touch your Heart Point and that creates the energy, the macro intent in other words, that runs the clearing process in your mind and in your Heart and in your body. (Inhale.) (Exhale.) And you breathe and you just take a nice, deep, slow cleansing breath all the way down to your belly.

Step two, now you'll do this now with your eyes closed. So take a nice deep breathe. Close your eyes. Think of something that you would love to create or be or experience or have in your life. (Inhale.) (Exhale.) The key here is that you're thinking from your Heart. As silly as that may sound, the mind lets go and your intent comes from your Heart, so here's how you think from your Heart. You feel that this intent is already real.

Go right to the essence of "it's real...". Let a smile come to your face.

"How do I feel in this instance right now, in this moment knowing that my intent is real?"

And just breathe into that nice and deep. (Inhale.) (Exhale.) As you do this, your Heart expands and your mind relaxes even more. Your intent is real right now. It's done. With your eyes still closed, let your eyes rise up now and connect with that white light that we discussed in the clearing process. You're connecting with your high self and the infinite,

so let that energy continue to rise up. Let it expand. Let that ball of white light grow in size and grow bigger and bigger and bigger, like the biggest sun you've ever seen in your life. Breathing again. (Inhale.) (Exhale.) Let yourself smile now. The lightness of being, that's the real you. This is your Divine self and your Divine presence. As you continue to breathe, let go now. (Inhale.) (Exhale.) And let this energy now begin to descend back down into your body, down through your mind, down into your Heart. Open up your arms, keep your eyes closed, look towards the sky and just bless this intent knowing that it's already real. (Inhale.) (Exhale.) And feel grateful and let that smile just come to your lips. Breathe into it. Let it breathe you. Let it breathe you. And you breathe with it and the two are one. And you can say this phrase to yourself. I and the Divine are one again. I and the Divine are one again. Okay.

So before you open your eyes, again just get a sense of what this feeling is like. You know have a new reference point of what it is to feel your Divineness. By Divineness, we mean this is your essence. This is not based on beliefs. It's not based on what appears just in books. It's something higher. It's the energy that makes your body appear the way that it does. It binds your cells together. It gives you the energy and the life force. That's what we mean by the Divine. True life force energy, just pure source creator energy. Let this energy now, this reference point, this remembered state, let it just kind of be and notice it. And every time you touch your Heart point, you begin to feel this energy as it moves through you, as you celebrate this essence of who you really are. Your intent is already real. And you can expand it out even more to effect others, other human beings in your family.

Imagine them being touched by this energy. By people in your city, people at work, people at your school if you attend one, people in your state, and imagine just keep rising up now. Imagine even larger than your state or the province that you're in. Now rise up and you see your whole country kind of has this feeling and you continue rising, you start seeing Mother Earth and you see it bathe in a glow of blue white light knowing that in this place, this is what Divine humanness is all about, Prosperity Activation for all beings on our planet, as they choose.

So as you begin to open your eyes, let this feeling just carry with you like a very light breeze on your skin, like the soft feeling of a cool breeze. Notice now what's different. How are you feeling different as you look around your room? You can get up from your chair. (Inhale.) (Exhale.) Take a deep breath or wherever you are, just notice what's different now in your body, your mind, the way you're feeling. Move around a little bit, you know? Let this energy move through the body now, just not as an imagined state, but that you're bringing into this third dimensional reality that we call life. Whatever you call it. Your life. The key is as you practice this and the frequency of this practice, it shifts your vibrational state. It opens up your energy pathways. The mind begins to relax more and more and you know how you feel when your mind is relaxed.

You feel connected. You feel like life's actually pretty good. Your body then follows in concert because the mind is what makes the body do what it does so to speak. The more we hold on to old stress, we're going to feel stress in our body. But you can let go

of stresses easily as what we did in this clearing process. This is the essence, remember, of who you are. This is your essence.

A Powerful Addition to the Prosperity Activation Process

So there's one more really cool step that I want to share with you in terms of the Prosperity Activation Process. It's going to help both the clearing and also the activation, and what I mean by activation in this context is how it shows up in your life. This is inspired by a wonderful man by the name of Clancy McKenzie. Clancy and I have talked for a couple years and he's a wonderful teacher, and he's also a doctor of psychotherapy, and he helps people with extreme cases of bipolar disorder and massive psychological reversal, by the way, and also schizophrenia. There's a common denominator amongst all his patients and that is they've lost their connection with their mother. So he has a book out called "Baby Needs Mother". If you want to look it up, you can just Google it. So what Clancy's taught me and hundreds if not thousands of others is this **power of the dreamtime** in a different way than most of us have ever learned.

The "Power of the Dreamtime"

Some of you might have heard of a thing called lucid dreaming and it's partly that, but it's also having to do with the energy that you move with it. So here's the essence of it, a real simplified version. As you go to sleep tonight, tune into the intent that you wanted to create. For some, it might I just want to be clear of this issue. I want this problem solved. Others, it might be that you just want to have a healing of some kind that you want to pass on these feelings, these gifts to others. It might be that you want to experience this feeling on a more frequent basis. Whatever it might be, you write down what you want your dream to do for you.

This is very powerful, because think about it - You're sleeping roughly eight hours of every day. *That's one-third of your life. **One-third of your entire life***, which you really aren't doing anything with your active mind. What if you could tap into that one-third? That's how powerful this can be for you if you, number one, use it with pure intent. And two, do it with some frequency and you get good at it and you practice it. So remember how important intent is in everything we do, because it's the driving force of the universe. You've heard me say that before. Your intent when it comes from your Heart is a done deal. So let's say before you go to sleep tonight, that you realize that and you say: *"What if by doing this that it actually worked and it made me feel better when I woke up tomorrow morning."*

Shifting Your “Assemblage Point

And it kind of remapped what you call reality. It shifts your “assemblage point” as Carlos Castaneda called it. In other words, how you create your reality the first thing you wake up in the morning. “

“Hmm. Interesting. I wonder how my day could be different if I go to sleep with peace in my Heart tonight, with a feeling of love and appreciation, even if the day didn’t go well. If I allow myself to revise the day and go into this evanescent state called the dream time or sleep.”

Even if you don’t dream, that’s okay. Whether you remember them or not is the key. And this may help you remember your dreams more, especially ones that are healing, ones that open up your prosperity for yourself or for your family or your loved ones.

So here’s what you do...

1) The first step is you want to observe how your day went.

You take a nice deep breath, let’s say with your head on the pillow. You want to be in a nice calm state. Get relaxed. All the busy day is over with. You notice how your day went and you just take a deep breath into that. You just honor it, just with no reservation, with no judgment at all. You just notice how the day went from when you woke up in the morning. You observe how your morning went. You observe how the rest of the morning up through noon. And as the afternoon went on, and then you got home from work or depending on which stage you are in your career or if you’re an entrepreneur. You notice how it went at dinner time up to the point where you went to sleep. You just notice it. That’s all you’ve got to do. And just breathe as you’re doing that noticing.

Then you ask yourself this real simple question.

“How would I’ve preferred by day to have gone?”

What’s the feeling I’d love to be having now about my day? What’s those events that I would have loved to have shifted with love and joy, not with resistance, but honoring it?

And so you start feeling those shifts *as if they already happened*. **Just feel them.** Just notice them. Just allow the preferred state, so to speak, the way you would love for it to have happened instead of the day it did happen. Let that just kind of move through you. The more relaxed you are as you do this, the more successful you’ll be at it, because your mind begins to relax and you’re not in *beta* state anymore. In other words, real fast, active thoughts.

You start moving into more of like a low alpha, right before you’re falling off to sleep. And you can play with this.

The old sage Neville called this the revision process and this is a simplified version. The key is that you want to observe the day your way went and then you tune in and you breathe into each of the, let's say, stress points that you might have had, the way you feel about your day. You honor that. You touch your Heart point and you say thank you. Just honor it. That's all you've to do. (Inhale.) (Exhale.) That's the first step.

2. The second step is you write down your intent. You're going to have a dream that's going to solve a problem, you know, or bring about an outcome or heal an issue in your life whatever it might be. Whatever you want to have solved or healed or created, you write down I'm going to have a dream that's going to do this for me tonight.

So you tune into that. You breathe into that and *then you just let it go*. Then you fall asleep. Now here's where the magic starts. When you fall asleep, you fall into very, very deep brain wave patterns. You start with delta, so to speak, and you move even beyond that. State that are, in some cases, immeasurable. And you begin to journey into the Divine, so to speak. You begin to commune with the Divine. You've left the conscious confines and you're not in the unconscious world where there are no limits.

And in this place of no limits, you can tune in and just breathe. (Inhale.) (Exhale.) You can fly. If you've ever had dreams where you're flying through the air, there were no limitations to that state. And you can do that in your dreams. You can just fly to the solution. You can let yourself switch into glide. You can be the solution and the part of you that knows how to deliver that, all it's really asking for is just show me what your intent is before you go to sleep tonight. Most people that go to sleep with stress on their mind or at least the way that the day went with, well, that's just the way that it went. Kind of like, you know, that kind of capitulation. Well, that's just the way that it went. And those are low level forms of stress. Those are the habitual tendencies that we talked about earlier, but when you make this shift from your mind to your Heart and you state, "I'm going to have some fun with this. Before I go to sleep tonight, I'm going to practice this, this dreamtime process. And I'm going to let go of my conscious mind's need to figure it out and to fix it and I'm going to let myself just experience it."

Now you may not get a solution the first time you do this. The first times that I ever began doing this, I really didn't get much of a result. Now one of the reasons was because I was using my mind a little too much. and number two, I didn't write down the dream, .When I say I didn't write down the dream, I didn't write down the statement of the dream and I also didn't write down the dream that I came out of when I first woke up in the morning. So now I've trained myself to start writing all those things down on both before you go to sleep and after you go to sleep. And what happens is you start hearing things differently and feeling them, depending on what your modalities are that you sense other than conscious information. In other words, you may feel information more. Others may see it the dream. Others may hear it. And then your sixth and seventh and more senses, they may deliver to you in a way that you don't even know how it's coming through.

You just know something. **Make sure you write those things down.**

You may have the next breakthrough in human consciousness. You may have the next best invention for power creation. You may have the next beautiful healing method that needs to be written in a book or delivered like this via audio. So in this case, the key is the intent that you go to sleep with.

So to summarize what you've learned...

Number one, you understood the means that what Prosperity Reversal is all about, **what it really means**. You understand now who it affects. It can happen to any of us. You understand now what are the specifics of knowing that you've got it or not. The essence of that really is how you feel. If you feel stuck, you know you've got a reversal going on. We went through why Prosperity Reversal occurs and how it occurs.

Then we went through the wonderful clearing method, the four step process that you can do anytime, anywhere. And then we talked about the five levels of reversal, so you know kind of sometimes if it's not clearing here, then maybe I'll work at a different level. All you've got to do is call upon that level. That's all you have to do. And then finally, we went through the Prosperity Activation Process, along with this very subtle, beautiful step of accessing the power of your Dreamtime.

So we wanted to simplify this as best we can in this book. If you want to continue your studies, we've created another course called the Abundance Point course that will allow you to move into these energies even more. The beauty of the intent of what we're doing now is that you're accessing the power of your Heart. The mind begins to let go. The mind is not the source of your intelligence or of who you really are and your inspiration. The mind only repeats the memories of the past. The mind's central language is fear. *The language of the Heart is love.*

You get to choose from this point forward. Will you choose to stay connected to your mind and attached to it or will you choose to let go and maybe for the first time in your life, have the feeling and the noticing and the experience of that's what it is to live in my Heart?

I invite you... I encourage you to let your Heart be your guide, to let your Heart be your emissary, your ambassador, your angel, the one that hangs with you all the time. It's there. It's there all the time for you, unconditional. In fact, even beyond unconditional, it's Divine. It's just pure essence and pure creation.

I thank you for tuning in. I thank you for connecting to this essence of not just clearing Prosperity Reversal, but the activation of your prosperity and your abundance.

Thank you so much...

Mahalo...

Paul