Heartwaves And The Power Of A Clear-Mind

By Paul Bauer - creator of Clear-Mind™

The key to your happiness and well being depends on the level of calm in your mind and body. When your mind is calm, you feel better and you're able to be in the present moment.

When your mind is overactive or "restless", it's harder to think clearly and remain focused. The longer we stay in "Restless Mind" states, the more stress builds up in our mind and body. When that stress builds over time, our bodies begin to experience the effects of aging and dis-ease.

But now, with the help of Clear-Mind, calming the "Restless Mind" is simpler than ever. When you use Clear-Mind, within just minutes, you'll begin to feel the stress of your day begin to melt away. And with daily use, you'll be able to remain calm - even when stressful thoughts or events occur.

This daily practice with Clear-Mind does three important things for you...

1) It dramatically lowers your overall stress level and decreases your blood pressure - the number one cause of heart disease and ill health.

2) It opens up your creativity and feeling of aliveness and passion

3) It gives you a profound sense of connectedness and clarity

As you practice Clear-Mind daily, you'll begin to experience what's called "Clear-Mind" states. In other words, even when stress or doubt begin to appear, you'll experience a deep feeling of centeredness and inner peace.

All it takes is clear intent and the commitment to practice Clear-Mind at least once a day. In time, you'll be able to look back and notice things that once caused you anxiety or stress instead bring you peace.
All that holds you back from what you want most and how you want to feel are just memories in your subconscious - waiting to be freed.

Now is your chance to free yourself of these old memories and live in the present - joyful, free and fully alive...

"I love using Clear Mind - I actually schedule time in my morning when I arrive at the office, close my door and use Clear-Mind to meditate. I can feel the shift in my heart rate, the calmness that sets my day. I also use Clear-Mind if I find myself in a difficult situation to calm me and to provide clarity. The difference it has made in my life is simply stunning.

- Deb Marlor, Boise Idaho

**Clear-Mind is a powerful new Meditation program that helps you:**

1) Calm the Restless Mind
2) Clear stress and anxiety in just minutes
3) Restore your energy and clarity at the touch of a button

Clear-Mind™ uses the new breakthrough Uni-Chord™ sound technology. Uni-Chord™ integrates the sound of ocean waves with a special blend of scientifically proven frequencies. After 12 years of research with over hundreds of people across the world, the results of using Clear-Mind show that within just minutes, you can enter deep states of meditation and release years of stress.

But Clear-Mind isn't just a meditation tool - it's a consciousness tool.

**Beyond Brainwaves**

While other meditation programs focus on changing your brainwaves, Clear-Mind works with the energies of your Higher Self, your Heart and accessing the deep power of your Sub consciousness Mind.

The real power of Clear-Mind comes from something deep within you. Instead of focusing on brainwaves, Clear-Mind helps you access the power of your Heartwaves™ and your Higher Self.

Brainwaves are just a measure of the energy coming off your brain. Clear-Mind goes beyond brainwaves and helps you tap into a higher level of wisdom and infinite peace. In short, Clear-Mind transcends the standard "mind-based" approach of the brain being the center of your being - and helps you tap into the power of your Heartwaves™ and your Higher Self.
There are no limits to your imagination or your ability to create what you want when you're centered in your Heart.

The Magic Of Heartwaves

The Hidden Power of Your Heart

Clear-Mind is the first meditation program that helps not just your mind, but your Heart as well.

Each time you use Clear-Mind, it helps align your mind and your Heart and feel the renewed sense of focus and aliveness.

Clear-Mind is like gold to me. The first time I ever used it, I was able to sleep the entire night (I've had insomnia for years). I haven't felt this good in along time!

- Belita Swan, Ottawa Ontario

The Secret of Clear-Mind - Unichord™

Clear-Mind™ uses the new breakthrough Uni-Chord™ sound technology. Uni-Chord™ integrates the sound of ocean waves with a special blend of scientifically proven frequencies that stimulate your entire energy system (not just the brain).

Because Clear-Mind™ isn't focused on just your brain, it allows you to tap into the power of your Heartwaves™ and the energy of your entire body and energy system.

In other words, Clear-Mind isn't just a meditation tool - it's a consciousness tool.

Brainwaves are just a measure of the energy coming off your brain.

Heartwaves are the waves that your heart produces when you feel feelings of love, gratitude and being in the Present Moment. Research has now shown that Heartwaves are more powerful than brainwaves and with new advances in mind body medicine, scientists are in agreement that the new frontier is the power of the Heartwave™.

The key to the Uni-Chord™ sound technology is how it activates the connection between your mind and your heart. As you play Clear-Mind™, it stimulates what's called ANF. ANF stands for Atrial Natriuretic Factor - and is the core hormone that the heart sends the brain to decrease stress, reduce blood pressure and open up your arteries.
Clear-Mind™ helps create endorphins throughout your entire body. Endorphins are the "feel good" hormones that help to reduce your body's stress levels and make you feel calm, optimistic and vibrantly healthy.

Each time you use Clear-Mind™, your whole body begins to feel the flow of these endorphins (and other positive neurotransmitters). The result is you feel energized, focused and ready to move forward with optimism and clarity.

**Why Use Only Your Brain - When You Can Tap Into The Power of Your Heartwaves?**

Heartwaves - A whole new way to tap into the power hidden within you.

Each time you use Clear-Mind™, your mind and body remembers what it feels like to feel calm and centered. As you continue to practice with Clear-Mind™, your mind, your Heart and your whole body grow stronger. And each time you return, it gets easier and easier to achieve "Clear-Mind" states.

Your Heartwaves give you the feeling of inner peace and joy that you long for.

While the brain has been looked at as the center of our consciousness, recent research has shown that belief to be false.

* I can feel the shift in my heart rate, the calmness that sets my day.*

> I love using Clear Mind - I actually schedule time in my morning when I arrive at the office, close my door and use Clear-Mind to meditate. I can feel the shift in my heart rate, the calmness that sets my day. I love the ocean so I feel right at home. I can set my intent for the day and off we go. I also use Clear Mind if I find myself in a difficult situation to calm me and to provide clarity.

> The difference it has made in my life is simply stunning.

> - Deb Marlor - Boise, Idaho

Here's some of what Clear-Mind™ can do for you...

* Produce natural Endorphins (the "feel good" hormone) that help to reduce your body's stress levels and make you feel calm, optimistic and vibrantly healthy

* Helps to restore your brain's sodium and potassium balance which can be unbalanced by stress and mental fatigue (in less than 15 minutes of use with Clear-Mind™)
* Increased creativity, advanced learning states, and improved memory

* Induces a state of Mind/Heart balance which gives you the same kind of inspired thought patterns often associated with creative geniuses such as Wolfgang Amadeus Mozart, Albert Einstein, Socrates and more

* Helps increase and balance the connection between your mind and your Heart - which gives you a greater sense of peace and clarity

* Helps to reduce anxiety, depression, anger, sadness, and many other negative emotions that may be plaguing your life

* Stimulates creation of new Neural connections between your Mind and Heart which promotes deep meditation and immediate stress relief

* How to live in the present - to be fully in the NOW - and not worry about the past and fret about the future.

* How to remain calm in any situation - even when things begin to overwhelm you.

**Clear-Mind™ is really 3 Tools in one:**

1) **Clear Mind™ Is A Powerful Meditation Tool**

**Using Clear-Mind™ to Meditate**

Pop on your headphones and within minutes, you'll experience deeper states of meditation than you've ever experienced. And in less than 20 minutes a day, you'll save time compared to other meditation methods so you can move on with the rest your day.

Because Clear-Mind™ helps you deepen the connection between your mind and Heart, you're able to access the power of your Heartwaves in just seconds.

Tapping into your Heartwaves dramatically affects how you feel about yourself, your family, your career and your finances.

2) **Clear-Mind™ helps you dramatically increase your creativity and peak performance**
Using Clear-Mind™ as a learning tool.

Pop on your headphones and pick your favorite personal growth book and be amazed at the depth of understanding and application you'll experience.

3) Clear-Mind™ helps clear emotional blockages

If you use EFT, TFT, TAT, Essence Method, Sedona Method or other emotional clearing techniques, Clear Mind will accelerate your emotional clearing because:

1) Clear-Mind™ helps you integrate what you've already learned and practiced into a simplified way of being - and makes it easy to remember and apply the best of this information and wisdom - so its right at your fingertips.

2) Clear-Mind™ helps you get in touch with the deeper levels and the origin cause of any problem or emotional trauma. It helps you get to the core of the problem without having to relive it over and over. Once you've discovered and felt the core of your challenge or problem, you'll clear that problem with ease.

2) Because Clear-Mind™ helps strengthen the connection between your mind and Heart, you have clarity about how you're feeling - and your Heart gives you the love, compassion and inner peace you need to clear even the deepest emotional wounds and traumas

* Unwind and Relax - anywhere
* Meditate deeper than you ever thought possible
* Focus and uncover your creativity
* Eliminate stress and emotional issues in just minutes
* Discover your "peak performance states" and activate them at will

**Clear-Mind™ Will Help You Meditate, Focus and Reach Deeper States of Clarity in Just 3 Simple Steps**

1) Place your headphones on

2) Turn on the Clear-Mind™ CD

3) Let Clear-Mind™ help you relax, unwind and reach deep states of clarity, focus and creativity
Here's What You're Receiving In Your Clear-Mind™ Kit

1. The Full Clear-Mind™ Audio CD program

Includes 2 powerful meditation tracks. Each track is carefully designed to accelerate your meditation skills.

Plus, you'll learn how to step back, breathe and let go of unwanted stress and anxiety in just minutes. In just minutes, you'll easily be able to calm your mind, relax your body and tap into deep states of creativity and intuition.

2. Special Tele-Coaching Calls (valued at 197.00)

Included in your Clear-Mind™ order, you'll receive 2 special Audio-Coaching trainings with the creator of Clear-Mind™ - Paul Bauer. Paul will take you through the most important elements of Clear-Mind™ and how to get the maximum benefit from it.

*Remember, Clear-Mind™ isn't just a meditation tool* - it helps you expand your awareness, clarity and how you perceive the world. Paul will answer any questions you have about Clear-Mind™ and the many different ways you can apply this powerful new meditation tool to achieve lasting balance, clarity and focus in your life.

3. A Powerful Heartwaves Guided Imagery By Susan Castle - Radiant Heart Therapist and Guided Imagery Expert (valued at 49.00)

You'll receive this powerful guided imagery as an extra bonus in the Members-Only Clear-Mind Resource Center. With this Heartwaves guided imagery, you'll be able to easily and effortlessly tap into the power of your Heartwaves and experience a deeper sense of inner peace.

How do I order?

Similar programs cost over 1000 dollars and make you purchase multiple levels beyond the first purchase. Because of Clear-Mind's unique Uni-Chord™ technology, you receive the same benefits that other programs which require multiple levels give - in one simple program.

Why spend hundreds of dollars on unnecessary levels with other programs, when you can get even more benefits with Clear-Mind™ for a fraction of the price?
I have been meditating for three years with a well known CD program and have experienced a greater peace of mind globally over time. I am experiencing the same benefits of meditation with the other program but at a much greater speed. Your Clear-Mind is also helping me a lot these days as I have important decisions to make in my professional career. I can think about my issues with little emotional distress.

The first time I used Clear-Mind I experienced profound peace and clarity within minutes. I have been using it now for 2 weeks two times a day. I have been feeling calm and centered most of the day. I am able to listen to my children with more patience and understanding. I catch myself much quicker when I do get caught up in my mind. One of my children, my 5 year old boy, asked me the other night why I had become so kind. I still have tears in my eyes when I think of that.

This program is life transforming.
Thank you so much.

- Lorenz Buswell, Switzerland